



THE CITY OF SAN DIEGO



Special Events

CALENDAR

CITY OF SAN DIEGO OFFICE OF SPECIAL EVENTS

2003

ATHLETIC/RECREATIONAL EVENTS SCHEDULED ON PUBLIC PROPERTY

Telephone: (619) 685-1331

Internet: www.sandiego.gov/specialevents

January

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| <p>Wednesday 1/1
8:30 a.m. - 10:00 a.m.</p> | <p>"Step Lively with Susan" Hike
Put on your hiking boots and join other hikers on this 4-mile walking adventure. Trail Guide Susan will lead the way through the Highland Valley area. You'll be stepping lively with Susan and working off some holiday cheer because the pace will be a fast one! <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Highland Valley (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go east - Highland Valley Rd. (left) - dirt parking lot (right). <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |
| <p>Wednesday 1/1
8:30 a.m. - 11:00 a.m.</p> | <p>"Flora, Fauna & the Kumeyaay" Hike
Put on your hiking boots and join others on this 3-mile walking adventure. Trail Guide Ron will lead the way to a waterfall. You'll discover a widevariety of natural plants and learn what the Native Indians used them for. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Bernardo Bay Natrual Area (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go west 1/4-mile - sign "Bernardo Bay Natural Area"). <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |
| <p>Wednesday 1/1
12:00 p.m. - 4:00 p.m.</p> | <p>37th Annual New Year's Day Sailboat Race
Come to the San Diego Bay to watch a sailboat race. Competition will be high at this sailing regatta. Approximately 65 boats ranging from small catamarans to big schooners will compete against each other on a 9.7-mile course. Come and see this exciting event. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 20,000. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Harbor Isl. (east end) - Coronado Bay Bridge - Shelter Isl. (south end). <u>Host Organization:</u> San Diego Yacht Club. <u>General Information:</u> Information @ (619) 758-6310. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdyc.org.</p> |
| <p>Thursday 1/2
8:00 a.m. - 10:30 a.m.</p> | <p>"Lake Hodges Exploration" Hike
Put on your hiking boots and join other hikers on this 4-mile walking adventure. Trail Guides Bob and Lynda will lead the way. They'll take you to an area at Lake Hodges where you can get a great view of the dam, and maybe some wildlife. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway (west) - Lake Dr. (left) - go south 2-miles - park in dirt lot across street from Hernandez. Hideway Restaurant) <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |

January

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|---|---|
| Saturday 1/4
8:00 a.m. - 10:00 a.m. | Fishing at Lake Murray (Every Other Saturday)
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. <u>Admission:</u> Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 20. <u>Location:</u> Lake Murray. <u>Host Organization:</u> San Diego City Lakes. <u>General Information:</u> Ron Montoro @ (619) 668-3274. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday 1/4
8:30 a.m. - 10:00 a.m. | Who's Been Here? (Animal Tracking)
Discover the mystery of critters that lead active lives while we sleep. Ranger Barrett will show you how to play detective and search for signs of wildlife. You'll discover what types of animals live in the the park, where they hide, what they eat, what they do, and where they go. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Mission Trails Park (park at Kumeyaay Campground day use parking lot and meet at entry station with shade structure). <u>Host Organization:</u> Mission Trails Regional Park Foundation. <u>General Information:</u> Information @ (619) 668-3275. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.mtrp.org. |
| Saturday 1/4
8:30 a.m. - 9:30 a.m. | Native Plant Walk (Mission Trails Park)
Enjoy the outdoors by treating yourself to an enjoyable walk within a group led by a trail guide. Learn about native plants as Ranger Paul Seiley points some of them out and lets you know what they can be used for. You'll be surprised to learn what plants can be eaten or used for medicine. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Mission Trails Park (meet at Kumeyaay Campground). <u>Host Organization:</u> Mission Trails Regional Park Foundation. <u>General Information:</u> Information @ (619) 668-3275. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.mtrp.org. |
| Saturday 1/4
9:00 a.m. - 12:00 p.m. | "Kumeyaay History & Ethnobotany" Hike
Put on your hiking boots and join others on this 3.8-mile walking adventure. Explore the Piedras Pintadas Trail and discover a link to the past as you learn about the Kumeyaay Indians who once lived in the area. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Bernardo Bay Natural Area (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go west 1/4-mile - sign "Bernardo Bay Natural Area"). <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org. |
| Saturday 1/4
9:30 a.m. - 11:30 a.m. | Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 20. <u>Location:</u> Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). <u>Host Organization:</u> San Diego Park & Recreation Center. <u>General Information:</u> Carla Frogner @ (858) 581-9961. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |

January

- Saturday 1/4
1:00 p.m. - 2:30 p.m. **Canyoneer's Walk (Kate O' Sessions Memorial Park)**
Walk with a group led by a trail guide and learn about plants and animals in the area. This moderate walk has one of the most beautiful spots in San Diego overlooking Mission Bay. Explore its natural charm, but be aware that some of the trail is steep or has bad footing. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Kate O' Sessions Memorial Park (from Hwy. 5 - Garnet Ave. (west) - Lamont St. (right) - Park Dr. (right) - meet at playground). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 1/5
8:30 a.m. - 10:30 a.m. **Easy to Moderate Bike Ride**
Have you ridden your bike at San Dieguito Park before? Then bring your bike to the new Mule Hill Trail to join others on a fun 9-mile bike ride. Ranger David will lead the way to the top of the new Mule Hill Trail. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 10. Location: San Dieguito Park (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go east - Highland Valley Rd. - go 1.5-miles - look for "San Dieguito River Park" sign and park on side of road) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 1/18
8:00 a.m. - 12:30 p.m. **Super Bowl XXXVII (Youth Football Clinic)**
More than 50 NFL football players will meet with 3,000 children between the ages of 11-14 and speak to them about the importance issues of education and drug awareness. They'll interact with the children and sign autographs and teach them about the fundamentals of their football positions. Admission: None. Anticipated Attendance: 3,000. Anticipated Participants: Not available. Location: San Diego University of California (5998 Alcalá Park). Host Organization: NFL Alumni/Sun Microsystems. General Information: Chumeka Foster @ (305) 770-0995. Media Information: Not available. Vendor Information: Not available. Internet: www.nflalumni.org.
- Saturday 1/18
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 1/18
5:00 p.m. - 6:30 p.m. **Full Moon Hike in Mission Trails**
Join others in a group for a walk through the park under the bright light of a full moon. Learn to move in a quiet way to improve the chances of viewing wildlife that are just coming out to begin their day to roam around and search for food. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Mission Trails Park (meet at the Campground day use area). Host Organization: Mission Trails Regional Park Foundation. General Information: Information @ (619) 668-3275. Media Information: Not available. Vendor Information: Not available. Internet: www.mtrp.org.

January

- Sunday 1/19 **6th Annual Law Enforcement Memorial Run**
 7:30 a.m. - 9:00 a.m. Enjoy a 10K competitive run or a 5K fun run at Lake Miramar. Proceeds from this event will benefit the San Diego Police Officers Widows and Orphans Fund. This fund provides assistance to the families of police officers who have been injured or killed in the line of duty. Admission: \$20.00. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Lake Miramar. Host Organization: San Diego Police Officers Association. General Information: Paul Schmidt @ (619) 388-7950. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 1/19 **Bird Walk (Bird Watching) (Lake Murray)**
 8:00 a.m. - 10:30 a.m. Take a morning walk to search for birds while walking with a group led by a trail guide. Bring binoculars if you want to get a closer view. You'll see local birds of many species and your trail guide will tell you all about them. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Murray Loop (from Kiowa St. entrance/parking lot). Host Organization: Mission Trails Regional Park Foundation. General Information: Information @ (619) 668-3275. Media Information: Not available. Vendor Information: Not available. Internet: www.mtrp.org.
- Sunday 1/19 **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Wednesday 1/22 **Super Bowl XXXVII (Global Junior Championship VII) (2-Day Event)**
 2:00 p.m. - 9:00 p.m. This event is the international high school all-star football tournament. Teams will comprise of All-Star Juniors (ages 19 and younger) representing Europe, Canada, Japan, Mexico, and the USA. Today's games will be play off competitions for the final game on Saturday. Admission: \$8.00. Anticipated Attendance: 1,000/day. Anticipated Participants: Not available. Location: Mira Mesa High School (10510 Reagan Rd.). Host Organization: Global Football. General Information: Patrick Steenberge @ (817) 326-3578. Media Information: Not available. Vendor Information: Not available. Internet: www.globalfootball.com.
- Friday 1/24 **Super Bowl XXXVII (Super Kart Exhibition) (2-Day Event)**
 10:00 a.m. - 4:00 p.m. A go-cart race will take place in downtown San Diego. Ten pre-selected celebrity and VIP drivers will race against each other on a special track. No more than four go-carts will race at any one time. Come and see the excitement and sport of go-cart racing! Admission: None. Anticipated Attendance: 500/day. Anticipated Participants: Not available. Location: State St. & B St. Host Organization: Bonurant Super Kart School. General Information: Kelly Sallaway @ (602) 300-5767. Media Information: Greg Fresquez @ (480) 403-7622. Vendor Information: Jerry Deeney @ (248) 269-2976. Internet: www.bondurant.com.

January

- Saturday 1/25
7:00 a.m. - 3:00 p.m. **Surfer Bowl XVI (2-Day Event)**
This event began as a response from the surf community to the first Super Bowl played in San Diego. It's the longest running annual winter surf contest in southern California. There's a cold breeze in the air, but these surfers are dedicated. Come and cheer them on! Admission: None. Anticipated Attendance: 100/day. Anticipated Participants: Not available. Location: Ocean Beach (surf zone at end of Newport Ave.). Host Organization: Ocean Beach Geriatric Surf Club. General Information: Mike Berrill @ (619) 224-0904. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 1/25
7:30 a.m. - 10:30 a.m. **22nd Annual Super Run/Walk**
Kick off your Surfer Bowl weekend and start your day with some exercise! Put on your running or walking shoes and enjoy a refreshing and invigorating 5K run/walk or a 10K run/walk along a beautiful and scenic course near Mission Bay. Post event activities will follow this event. Admission: \$20.00 - \$28.00 (adult) - \$18.00 - \$26.00 (senior age 60+) - \$10.00 - \$12.00 (child age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: South Shores Park - Sea World Dr. - Sea World parking lot - Perez Cove Way - Ingraham St. - Crown Point Shores Dr. - Crown Point Shores Park - Crown Point Shores Dr. - Ingraham St. - Perez Cove Way - Sea World parking lot - Sea World Dr. - South Shores Park. Host Organization: San Diego Employee SHARE Program. General Information: Kathy Loper @ (619) 298-7400. Media Information: Not available. Vendor Information: Not available. Internet: www.kathyloperevents.com.
- Saturday 1/25
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Disabled Services Event)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Today's location will be at North Crown Point Shores. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Today's location will be at North Crown Point Shores. Host Organization: Disabled Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 1/25
9:00 a.m. - 10:00 a.m. **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavalley @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 1/25
10:00 a.m. - 4:00 p.m. **Super Bowl XXXVII (Super Kart Exhibition) (2-Day Event)**
A go-cart race will take place in downtown San Diego. Ten pre-selected celebrity and VIP drivers will race against each other on a special track. No more than four go-carts will race at any one time. Come and see the excitement and sport of go-cart racing! Admission: None. Anticipated Attendance: 500/day. Anticipated Participants: Not available. Location: State St. & B St. Host Organization: Bonurant Super Kart School. General Information: Kelly Sallaway @ (602) 300-5767. Media Information: Greg Fresquez @ (480) 403-7622. Vendor Information: Jerry Deeney @ (248) 269-2976. Internet: www.bonurant.com.

January

- Saturday 1/25
12:00 p.m. - 7:00 p.m. **Super Bowl XXXVII (Global Junior Championship VII) (2-Day Event)**
This event is the international high school all-star football tournament. Teams will comprise of All-Star Juniors (ages 19 and younger) representing Europe, Canada, Japan, Mexico, and the USA. Today's games will be the championship finals. Admission: \$8.00. Anticipated Attendance: 1,000/day. Anticipated Participants: Not available. Location: Mira Mesa High School (10510 Reagan Rd.). Host Organization: Global Football. General Information: Patrick Steenberge @ (817) 326-3578. Media Information: Not available. Vendor Information: Not available. Internet: www.globalfootball.com.
- Sunday 1/26
7:00 a.m. - 3:00 p.m. **Surfer Bowl XVI (2-Day Event)**
This event began as a response from the surf community to the first Super Bowl played in San Diego. It's the longest running annual winter surf contest in southern California. There's a cold breeze in the air, but these surfers are dedicated. Come and cheer them on! Admission: None. Anticipated Attendance: 100/day. Anticipated Participants: Not available. Location: Ocean Beach (surf zone at end of Newport Ave.). Host Organization: Ocean Beach Geriatric Surf Club. General Information: Mike Berrill @ (619) 224-0904. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 1/26
8:30 a.m. - 11:30 a.m. **"Lovely Lake Hodges" Hike**
Put on your hiking boots and join other hikers on this 6-mile walking adventure. Trail Guide Heather will lead the way. She'll speak about the Native American history of Lake Hodges and the plants that inhabit the area. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 1/26
3:00 p.m. - 7:00 p.m. **Super Bowl XXXVII**
Look out! The Super Bowl is in San Diego and the game is today! This exciting football game is the talk of the town. Today is the day when the top American Football League team and the National Football League team compete to win the game of the year. Yahoo! Go team, go! Admission: \$400.00 +. Anticipated Attendance: 71,500. Anticipated Participants: Not available. Location: Qualcomm Stadium (9449 Friars Rd.). Host Organization: National Football League. General Information: Qualcomm Stadium @ (619) 641-3131 - Super Bowl Host Committee @ (619) 226-2003 - National Football League @ (212) 450-2000. Media Information: Not available. Vendor Information: Not available. Internet: www.superbowlxxxvii.com.

February

- Saturday 2/1
7:30 a.m. - 10:00 a.m. **Children's Miracle Network Walk**
Join the sons of the American Legion, junior girls, and many others on a 3-mile sponsorship walk. The purpose of this event is to help raise funds for youth programs at a children's hospital. Balloons will mark the path and will show the names of those who contributed to this event. Admission: Suggested Participant Sponsorship/Donations. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: East Mission Bay (De Anza Cove - Visitor's Center). Host Organization: American Legion Post 460. General Information: Heather Ott @ (858) 966-7537. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

February

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| Saturday | 2/1 | 7th Annual Hano Hano Outrigger Canoe Race |
| 8:00 a.m. | - 1:30 p.m. | Relax at the bay and view the challenging and competitive sport of canoe racing. See teams work the paddles in synchronize movements by reaching and leaning forward and back pushing the paddles to make the canoe race smoothly and quickly across the water. <u>Admission</u> : None. <u>Anticipated Attendance</u> : 400. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Pacific Beach (Bonita Cove west/Crystal Pier). <u>Host Organization</u> : Hano Hano Outrigger Canoe Club. <u>General Information</u> : Dan Van Dyke @ (949) 361-0580 x-15. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| | | |
| Saturday | 2/1 | Handcycling in San Diego (Disabled Services Event) |
| 8:00 a.m. | - 11:00 a.m. | Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Today's location will be at De Anza Cove. <u>Admission</u> : \$20.00 (equipment rental & 6-sessions). <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 35/day. <u>Location</u> : Various trails in San Diego near lakes and bays. Today's location will be at De Anza Cove. <u>Host Organization</u> : Disabled Services. <u>General Information</u> : Information @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| | | |
| Saturday | 2/1 | Fishing at Lake Murray (Every Other Saturday) |
| 8:00 a.m. | - 10:00 a.m. | Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. <u>Admission</u> : Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 20. <u>Location</u> : Lake Murray. <u>Host Organization</u> : San Diego City Lakes. <u>General Information</u> : Ron Montoro @ (619) 668-3274. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| | | |
| Saturday | 2/1 | Native Plant Walk (Mission Trails Park) |
| 8:30 a.m. | - 9:30 a.m. | Enjoy the outdoors by treating yourself to an enjoyable walk within a group led by a trail guide. Learn about native plants as Ranger Paul Seiley points some of them out and lets you know what they can be used for. You'll be surprised to learn what plants can be eaten or used for medicine. <u>Admission</u> : None. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 25. <u>Location</u> : Mission Trails Park (meet at Kumeyaay Campground). <u>Host Organization</u> : Mission Trails Regional Park Foundation. <u>General Information</u> : Information @ (619) 668-3275. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.mtrp.org. |
| | | |
| Saturday | 2/1 | Boots & Paws Dog Walk |
| 8:30 a.m. | - 9:30 a.m. | Enjoy the outdoors by treating yourself and your dog to an enjoyable walk within a group led by a park ranger. Learn about dog care in the park while you and your dog make new friends with other dogs and their owners. <u>Admission</u> : None. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 30. <u>Location</u> : Mission Trails Park (park at Kumeyaay Campground day use parking lot and meet at entry station). <u>Host Organization</u> : Mission Trails Regional Park Foundation. <u>General Information</u> : Information @ (619) 668-3275. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.mtrp.org. |

February

- Saturday 2/1
9:00 a.m. - 11:30 a.m. **"Highland Valley History" Hike**
Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Mike will lead the way. He'll speak about the area's history of Mule Hill and Sikes Adobe. He'll also speak about ethnobotany. Do you know what that is? Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Highland Valley (Hwy. 15 - West Bernardo Dr./Pomerado Rs. - go east - Highland Valley Rd. (left) - dirt parking lot (right). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 2/1
9:30 a.m. - 11:30 a.m. **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/1
10:00 a.m. - 12:00 p.m. **Canyoneer's Walk (Cabrillo Natural Monument/Bayside Trail)**
Walk with a group led by a trail guide and learn about plants and animals in the area. Encounter windswept vegetation to chaparral scrub forests and cliffs overlooking the harbor on this moderate walk and 2-mile round-trip trail. Remnants of WWII defense installations are visible. Admission: \$5.00 parking fee. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Cabrillo National Monument (from Hwy. 8 - Rosecrans St. - Canon St. (right) - go 1-mile - Catalina Blvd. (left) - Cabrillo National Monument parking lot - meet at visitor's center) Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 2/2
8:00 a.m. - 9:30 a.m. **Canyoneer's Walk (West Tecolote Canyon Natural Area)**
Walk with a group led by a trail guide and learn about plants and animals in the area. There are 6-miles of canyon within the park that wind between the communities of Clairemont and Linda Vista. Observe plants and animals in the area and visit the nature center on this easy walk. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: West Tecolote Canyon Natural Park (from Hwy. 5 - Tecolote Rd. (east) - pass ballfields - park at Nature Center). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 2/2
8:30 a.m. - 11:00 a.m. **Intermediate Bike Ride**
Have you ridden your bike at Lake Hodges before? Then bring your bike to the lake and join a group of others where Ranger David will lead the way on a fun 18-mile bike ride. You'll explore environmental zones surrounding the North Shore area of the lake. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

February

- Saturday 2/8
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Disabled Services Event)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Today's location will be at Centennial Park. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Today's location will be at Centennial Park. Host Organization: Disabled Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/8
9:00 a.m. - 11:00 a.m. **"On a Clear Day You Can See San Diego" Hike**
Put on your hiking boots and join others on this walking adventure. Trail Guide Susan will lead the way on a strenuous hike up Clevenger Canyon to a place where you can see a picturesque view of San Diego. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: San Pasqual North (Hwy. 15 - Hwy. 78 - go 6-miles east of Wild Animal Park - meet at staging area). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 2/8
11:00 a.m. - 3:00 p.m. **"Introduction to Tracking II" Hike**
Are you ready to test your tracking skills after completing the "Introduction to Tracking I" on January 19th? Then let's get going and see what creatures we can find by searching for tracks and deciding what it was, what it was doing, and when it was there. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Highland Valley (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go east - Highland Valley Rd. (left) - dirt parking lot (right)). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 2/9
10:00 a.m. - 1:00 p.m. **Canyoneer's Walk (Mission Trails Park/Fortuna Mountain)**
Walk with a group led by a trail guide and learn about plants and animals in the area. This strenuous walk will lead you to a high vantage point. Enjoy a surprising variety of wildflowers while viewing a location that once contained ancient beaches. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Mission Trails Regional Park (from Hwy. 5 - Clairemont Mesa Blvd. (east) - Via Valarta (left) - College Dr. (right) - Alejo St. (left) - Belardo Dr. (left) - Camino Playa Catalina (right) - Corte Playa Catalina Park (left) - park on right side of street). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Monday 2/10
8:00 a.m. - 5:00 p.m. **51st Annual Buick Invitational Golf Tournament (7-Day Event)**
Come and see top professional golfers compete at this prestigious golf tournament. Today's admission is FREE! Today's events will be practice rounds for PGA Tour players and JABRA Pro-Am players. Enjoy your day watching this tournament at Torrey Pines Golf Course. Admission: None. Anticipated Attendance: 2,000/day. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (La Jolla). Host Organization: The Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Heidi Kolbiaz @ (619) 281-4653 x-310. Internet: www.buickinvitational.com.

February

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| <p>Tuesday 2/11
6:30 a.m. - 6:00 p.m.</p> | <p>51st Annual Buick Invitational Golf Tournament (7-Day Event)
Come and see top professional golfers compete at this prestigious golf tournament. Today's events will be practice rounds for PGA Tour players, a dedication ceremony, and a junior golf clinic. Enjoy your day watching this tournament at Torrey Pines Golf Course. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 2,000/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Torrey Pines Golf Course (La Jolla). <u>Host Organization:</u> The Century Club of San Diego. <u>General Information:</u> Tom Wilson @ (619) 281-4653 x-306. <u>Media Information:</u> Rick Schloss @ (619) 682-3407. <u>Vendor Information:</u> Heidi Kolbiaz @ (619) 281-4653 x-310. <u>Internet:</u> www.buickinvitational.com.</p> |
| <p>Wednesday 2/12
6:30 a.m. - 6:00 p.m.</p> | <p>51st Annual Buick Invitational Golf Tournament (7-Day Event)
Come and see top professional golfers compete at this prestigious golf tournament. Today's event will be the SBC Pro-Am players. Enjoy your day watching this tournament at Torrey Pines Golf Course. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 2,000/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Torrey Pines Golf Course (La Jolla). <u>Host Organization:</u> The Century Club of San Diego. <u>General Information:</u> Tom Wilson @ (619) 281-4653 x-306. <u>Media Information:</u> Rick Schloss @ (619) 682-3407. <u>Vendor Information:</u> Heidi Kolbiaz @ (619) 281-4653 x-310. <u>Internet:</u> www.buickinvitational.com.</p> |
| <p>Wednesday 2/12
8:00 a.m. - 10:30 a.m.</p> | <p>"Lake Hodges Exploration" Hike
Put on your hiking boots and join others on this 4-mile walking adventure. Trail Guides Bob and Lynda will lead the way. They'll take you to an area at Lake Hodges to get a view of the dam where wildlife abounds. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway (west) - Lake Dr. (left) - go south 2-miles - park in dirt lot across street from Hernandez. Hideaway Restaurant) <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |
| <p>Thursday 2/13
8:00 a.m. - 5:00 p.m.</p> | <p>51st Annual Buick Invitational Golf Tournament (7-Day Event)
Come and see top professional golfers compete at this prestigious golf tournament. Today's event will be the opening round of the Buick Invitational on the north and south courses. Enjoy your day watching this tournament at Torrey Pines Golf Course. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 2,000/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Torrey Pines Golf Course (La Jolla). <u>Host Organization:</u> The Century Club of San Diego. <u>General Information:</u> Tom Wilson @ (619) 281-4653 x-306. <u>Media Information:</u> Rick Schloss @ (619) 682-3407. <u>Vendor Information:</u> Heidi Kolbiaz @ (619) 281-4653 x-310. <u>Internet:</u> www.buickinvitational.com.</p> |
| <p>Friday 2/14
8:00 a.m. - 5:00 p.m.</p> | <p>51st Annual Buick Invitational Golf Tournament (7-Day Event)
Come and see top professional golfers compete at this prestigious golf tournament. Today's event will be the second round of the Buick Invitational on the north and south courses. Enjoy your day watching this tournament at Torrey Pines Golf Course. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 2,000/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Torrey Pines Golf Course (La Jolla). <u>Host Organization:</u> The Century Club of San Diego. <u>General Information:</u> Tom Wilson @ (619) 281-4653 x-306. <u>Media Information:</u> Rick Schloss @ (619) 682-3407. <u>Vendor Information:</u> Heidi Kolbiaz @ (619) 281-4653 x-310. <u>Internet:</u> www.buickinvitational.com.</p> |

February

- Saturday 2/15
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/15
8:00 a.m. - 5:30 p.m. **51st Annual Buick Invitational Golf Tournament (7-Day Event)**
Come and see top professional golfers compete at this prestigious golf tournament. Today's events will be the third round of the Buick Invitational on the south course and OKI Series Program on the north course. Enjoy your day watching this tournament at Torrey Pines Golf Course. Admission: None. Anticipated Attendance: 2,000/day. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (La Jolla). Host Organization: The Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Heidi Kolbiaz @ (619) 281-4653 x-310. Internet: www.buickinvitational.com.
- Saturday 2/15
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Disabled Services Event)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Today's location will be at Mission Bay Park. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Today's location will be at Mission Bay Park. Host Organization: Disabled Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/15
9:00 a.m. - 11:00 a.m. **"Journey into the Past" Hike**
Put on your hiking boots and join other hikers on this 2.5-mile walking adventure. Trail Guide Ron will lead the way. You'll learn about the history of the Old Town of Bernardo and the Sikes Adobe restoration. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 2/16
8:00 a.m. - 10:30 a.m. **Bird Walk (Bird Watching) (Mission Trails Park)**
Take a morning walk to search for birds while walking with a group led by a trail guide. Bring binoculars if you want to get a closer view. You'll see local birds of many species and your trail guide will tell you all about them. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Mission Trails Park (Kumeyaay Lake from Campground parking lot). Host Organization: Mission Trails Regional Park Foundation. General Information: Information @ (619) 668-3275. Media Information: Not available. Vendor Information: Not available. Internet: www.mtrp.org.

February

- Sunday 2/16 **51st Annual Buick Invitational Golf Tournament (7-Day Event)**
 8:30 a.m. - 6:00 p.m. Come and see top professional golfers compete at this prestigious golf tournament. Today's events will be the final round of the Buick Invitational on the south course concluding with an awards ceremony. Enjoy your day watching this tournament at Torrey Pines Golf Course. Admission: None. Anticipated Attendance: 2,000/day. Anticipated Participants: Not available. Location: Torrey Pines Golf Course (La Jolla). Host Organization: The Century Club of San Diego. General Information: Tom Wilson @ (619) 281-4653 x-306. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Heidi Kolbiaz @ (619) 281-4653 x-310. Internet: www.buickinvitational.com.
- Sunday 2/16 **Canyoneer's Walk (Los Penasquitos Canyon Preserve)**
 9:00 a.m. - 1:00 p.m. Walk with a group led by a trail guide and learn about plants and animals in the area. Enjoy an easy short level walk along a creek and under sycamore and eucalyptus trees. Some of the oldest rock formation in San Diego County can be seen at a waterfall six-miles away. Admission: \$1.00 parking fee. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Los Penasquitos Canyon Preserve (from Hwy. 5 - Mercy Rd. (west) - cross Black Mountain Rd. to enter parking lot - meet at large trailhead sign). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 2/16 **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/22 **23rd Annual Walk for the Children of the World**
 7:00 a.m. - 11:00 a.m. Underprivileged children in the world are in great need of food, shelter, clothing, and medical assistance. You can help by participating in this 5Kwalking event that will help to benefit poor children of the world. There is presently a special focus on children in Ecuador and Central America. Admission: \$10.00 Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: East Mission Bay (south of Hilton Hotel - De Anza Cove). Host Organization: Holy Childhood Association/Diocese of San Diego. General Information: Sister Kathy Schmittgens @ (858) 490-8250. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 2/22 **"Regional History & Sikes Adobe" Hike**
 8:30 a.m. - 11:30 a.m. Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Heather will lead the way. You'll explore the fascinating regional history and stories of the Mule Hill area of Lake Hodges. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

February

- Saturday 2/22 **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
 9:00 a.m. - 10:00 a.m. Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavallee @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 2/23 **Southern California Junior Cup Rowing Challenge**
 7:00 a.m. - 12:00 p.m. Relax at the bay and view the energetic and competitive sport of canoe racing. Southern California and Arizona youths will compete today. See how quickly their canoes glide across the water as teams eagerly move the paddles in a rocking motion of strength, endurance, and skill. Admission: None. Anticipated Attendance: 200. Anticipated Participants: Not available. Location: Mission Bay (Tecolote Shores north & south). Host Organization: San Diego Regatta Committee. General Information: Chris Shannon @ (619) 307-0018. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 2/23 **16th Annual Torrey Pines 5K Race For Knowledge**
 8:00 a.m. - 11:00 a.m. This event features 7 separate races with 5 designed specifically for children. Adults can enjoy an invigorating 5K run/walk. Children can enjoy a 1-mile kids run (age 7-12), 1/2-mile kids run (age 5-6), 1/4-mile kids run (age 3-4), and an amusing Toddler Trot and Diaper Dash for ages 3 and under. Admission: \$19.00 (adult) - \$10.00 (child). Anticipated Attendance: Not available. Anticipated Participants: 2,500. Location: Torrey Pines High School (3710 Del Mar Heights Rd.) - Torrington St. - Half Mile Dr. - El Camino Real - Del Mar Heights Rd. - Torrey Pines High School. - Torrington St. - Hartford Ave. - Phidel St. - Torrey Pines High School. Host Organization: Torrey Pines High School Foundation. General Information: Eileen Cassidy @ (858) 793-3551. Media Information: Elizabeth Cox @ (858) 450-6510. Vendor Information: Joel Grisback @ (858) 450-6510. Internet: www.eliteracing.com.
- Sunday 2/23 **Canyoneer's Walk (Mission Trails Park/Rim Trail)**
 9:00 a.m. - 12:00 p.m. Walk with a group led by a trail guide and learn about plants and animals in the area. This moderate walk along the Rim Trail holds spectacular views of other ranges in the county. Look for threatened species of vegetation such as summer holly, barrel cactus, johnny-jump-ups, and shooting stars. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Mission Trails Regional Park (from Hwy. 5 or Hwy. 163 - Clairemont Mesa Blvd. (east) - park at trailhead at end of road). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Friday 2/28 **Ikidarod Dog Sled Race**
 8:45 a.m. - 1:00 p.m. Watch a student simulation of the Alaskan Ikidarod Dog Sled Race that will take place on the sand at South Mission Beach. Students will take the place of dogs and will pull multi-purpose plastic tubs in the place of dog sleds. Enjoy the enthusiastic activity of this event and cheer on the teams! Admission: None. Anticipated Attendance: 150. Anticipated Participants: Not available. Location: South Mission Beach - Tourmaline Surfing Park. Host Organization: Francis Parker Middle School. General Information: Mary Brown @ (858) 569-7900 x-201. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

March

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| Saturday 3/1
7:00 a.m. - 9:30 a.m. | <p>39th Annual Sue Krenn Memorial 15K Run/Walk</p> <p>This event is organized for the memory of Sue Krenn who was a prominent runner in San Diego. She believed that running is a good form of exercise. So, challenge yourself by joining this 15K that will take you along a beautiful course through East Mission Bay and the surrounding area. <u>Admission:</u> \$12.00. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 375. <u>Location:</u> East Mission Bay (Tecolote Shores - Mission Bay Dr. - Fiesta Island Roadway - Mission Bay Dr. - De Anza Cove). <u>Host Organization:</u> San Diego Track Club. <u>General Information:</u> Frank Williamson @ (619) 234-1426. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| Saturday 3/1
8:00 a.m. - 10:00 a.m. | <p>Fishing at Lake Murray (Every Other Saturday)</p> <p>Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. <u>Admission:</u> Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 20. <u>Location:</u> Lake Murray. <u>Host Organization:</u> San Diego City Lakes. <u>General Information:</u> Ron Montoro @ (619) 668-3274. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| Saturday 3/1
8:00 a.m. - 11:00 a.m. | <p>Handcycling in San Diego (Disabled Services Event)</p> <p>Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Today's location will be at Miramar Lake. <u>Admission:</u> \$20.00 (equipment rental & 6-sessions). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 35/day. <u>Location:</u> Various trails in San Diego near lakes and bays. Today's location will be at Miramar Lake. <u>Host Organization:</u> Disabled Services. <u>General Information:</u> Information @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| Saturday 3/1
8:30 a.m. - 10:00 a.m. | <p>"Walk Old Highway 395 with Escondido Native" Hike</p> <p>Put on your hiking boots and join others on this walking adventure. Trail Guide Susan, who is a native of Escondido, will lead the way on the east side of Lake Hodges. You're sure to get a good workout because Susan will kick up the pace to a fast one! <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |
| Saturday 3/1
9:00 a.m. - 5:00 p.m. | <p>Lawn Bowling Tournament</p> <p>Bring a chair or blanket to Balboa Park and relax on the grass to watch a lawn bowling tournament. Learn how lawn bowling is done. Lawn bowling can be as interesting to watch as it is to be a player. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Balboa Park (lawn bowling area near Balboa Dr. & Laurel St.). <u>Host Organization:</u> San Diego Lawn Bowling Club. <u>General Information:</u> Robin Olson @ (858) 270-6825. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |

March

- Saturday 3/1
9:30 a.m. - 11:30 a.m. **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/2
7:30 a.m. - 12:00 p.m. **5th Annual March Madness Trail Run/Walk**
This family-oriented athletic event allows an opportunity for families to exercise together. There will be several runs to choose from to match the age group of agility. There will be a 10K, and a 2-mile run/walk, plus a mutchkin mile for the little tots. Post festival activities will follow. Admission: \$13.00 - \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 600. Location: Rancho Bernardo Community Park & San Dieguito Park (south of Lake Hodges). Host Organization: Los Rancheros Kiwanis Club. General Information: David Imper @ (858) 486-9216. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/2
8:00 a.m. - 9:30 a.m. **Canyoneer's Walk (West San Clemente Canyon/Marian Bear Park)**
Walk with a group led by a trail guide and learn about plants and animals in the area. Enjoy this easy walk as you follow a streambed that sustains the riparian habitat and huge sycamore trees. And keep a look out for wildlife that abounds in this area. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Marian Bear Memorial Park (from Hwy. 52 - Regents Rd./Clairemont Mesa Blvd. - go south on Clairemont Mesa Blvd. - turn right into parking lot). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 3/2
1:30 p.m. - 3:30 p.m. **Little Italy Stickball**
The traditional game of "stickball" will be played in the heart of Little Italy. Its organ is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Little Italy (India Street between Cedar St. & Beech St.). Host Organization: Little Italy Association. General Information: Tom Dizinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Saturday 3/8
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Disabled Services Event)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Today's location will be at North Crown Point Shores. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Today's location will be at North Crown Point Shores. Host Organization: Disabled Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

March

- Saturday 3/8 **"Birds of Lake Hodges" Hike**
 8:00 a.m. - 11:00 a.m. Put on your hiking boots and join others on this walking adventure. You'll be getting your exercise while searching for birds. See if you can locate and identify the common resident and wintering birds of the Bernardo Bay area. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (meet at Rancho Bernardo Community Park - 18448 West Bernardo Dr.). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Thursday 3/13 **6th Annual Marian High School Walk-A-Thon**
 8:30 a.m. - 10:30 a.m. NOT OPEN TO THE PUBLIC Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 400. Location: East Mission Bay (De Anza Cove walkway - Tecolote Shores). Host Organization: Marian Catholic High School. General Information: Bill Gerken @ (619) 423-1951. Media Information: Not available. Vendor Information: Not available. Internet: www.mariancatholic.org.
- Saturday 3/15 **23rd Annual St. Patrick's Day 10K Run**
 7:30 a.m. - 10:00 a.m. Wear an Irish costume or put a shamrock on your shoes at this 10K run in scenic Missin Bay. This event also includes a 4-mile run/walk and a 2-mile run/walk. Awards will be given for the best Irish theme costume as well as gift drawings, pizza, and more. Admission: \$20.00 - \$25.00 (10K run) - \$18.00- \$23.00 (2-mile run/walk or 4-mile run/walk) - \$10.00 - \$13.00 (child age 12 & younger for 2-mile run/walk or 4-mil. Anticipated Attendance: Not available. Anticipated Participants: 1,200. Location: South Tecolote Shores - Mission Bay Dr. - Fiesta Island roadway. Host Organization: Children's Hospital Health Center. General Information: Kathy Loper @ (619) 298-7400. Media Information: Not available. Vendor Information: Dani Kelm @ (619) 298-7400. Internet: www.kathyloperevents.com.
- Saturday 3/15 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 3/15 **Walk and Roll Challenge**
 9:00 a.m. - 1:00 p.m. Join this athletic event where people will be walking or rolling along in a wheelchair. The purpose of this event is to help raise funds for disabled persons with long-term rehabilitation needs. You'll be glad to know you're helping others while enjoying a day of exercise. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 400. Location: Lake Murray (Sunset Park). Host Organization: La Mesa Sunrise Rotary Club. General Information: Bill Bodry @ (619) 667-8644. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

March

- Sunday 3/16
8:00 a.m. - 10:30 a.m. **Hot Pepper 10-Miler & 5K Run/Walk**
This athletic event consists of a 10-mile run, a 5K walk/run, and a 1K kids fun run. Awards and prizes will be given to the top three finishers in each age category, and a fitness expo will follow the race. Proceeds will benefit programs for the Crohn's and Colitis Foundation. Admission: \$35.00 - \$40.00 (10-Miler) - \$15.00 - \$20.00 (5K) - \$10.00 (1K). Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: 10-Miler (Sunset Dr. - San Dieguito River Trail - Lake Hodges boat launch area - San Dieguito River Trail - Sunset Dr.) - 5K (Sunset Dr. - Mule Hill T. rail - Sunset Dr.) - 1K (dirt lot adjacent to Sunset Dr.) Host Organization: Crohn's Colitis Foundation of America. General Information: Lisa Culver @ (858) 274-8898. Media Information: Don Stanziano @ (619) 299-3924. Vendor Information: Not available. Internet: www.hotpepperrun.com.
- Sunday 3/16
9:30 a.m. - 11:30 a.m. **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Wednesday 3/19
8:00 a.m. - 10:30 a.m. **"Lake Hodges Exploration" Hike**
Put on your hiking boots and join others on this 4-mile walking adventure. Trail Guides Bob and Lynda will lead the way. They'll take you to an area at Lake Hodges to get a view of the dam where wildlife abounds. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway (west) - Lake Dr. (left) - go south 2-miles - park in dirt lot across street from Hernandez. Hideaway Restaurant) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 3/22
7:00 a.m. - 5:00 p.m. **1st Annual Frog Friends Surf Contest (2-Day Event)**
Frogs love water and so do surfers! Come and watch this surfing contest at Ocean Beach where you'll see the amazing water sport of surfing as surfers "catch the waves" at this contest. Come and cheer them on! Admission: None. Anticipated Attendance: 100/day. Anticipated Participants: Not available. Location: Ocean Beach (surf zone at end of Newport Ave.). Host Organization: United Warrior Survivor Foundation. General Information: Nicholas Rocha @ (619) 437-1137. Media Information: Eric Knirk @ (310) 753-1600. Vendor Information: Carrie Hughes @ (619) 437-1137. Internet: www.frogfriends.com.
- Saturday 3/22
9:00 a.m. - 12:30 p.m. **"Del Dios East to the Dam" Hike**
Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Mike will lead the way. Explore the north side of Lake Hodges and learn about the ethnobotanical facts and history of the area. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (Del Dios East) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go 1-mile - Del Dios Community Park - meet at general store). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

March

- Saturday 3/22 **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
 9:00 a.m. - 10:00 a.m. Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavallee @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/23 **1st Annual Frog Friends Surf Contest (2-Day Event)**
 7:00 a.m. - 5:00 p.m. Frogs love water and so do surfers! Come and watch this surfing contest at Ocean Beach where you'll see the amazing water sport of surfing as surfers "catch the waves" at this contest. Come and cheer them on! Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 100/day. Location: Ocean Beach (surf zone at end of Newport Ave.). Host Organization: United Warrior Survivor Foundation. General Information: Nicholas Rocha @ (619) 437-1137. Media Information: Eric Knirk @ (310) 753-1600. Vendor Information: Carrie Hughes @ (619) 437-1137. Internet: www.frogfriends.com.
- Sunday 3/23 **2nd Annual Two Mile Tune Up**
 8:00 a.m. - 9:30 a.m. Put on your running or walking shoes and join others at Hospitality Point in beautiful Mission Bay. This 2-mile run/walk will get your day started in a healthy way. Proceeds from this event will benefit the Music Conservatory that provides low cost music lessons to children. Admission: \$15.00. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Mission Bay (Hospitality Point). Host Organization: The Music Conservatory. General Information: Steve Taggart @ (619) 475-8244. Media Information: Not available. Vendor Information: Not available. Internet: www.taggrun.com.
- Sunday 3/23 **SDSU Green Games**
 9:00 a.m. - 5:00 p.m. You're sure to enjoy watching this event where university students compete in a variety of Greek games. These games include tire stepping, hula hooping, potato sack jumping, people tossing, tug-o-war, a 10-person pyramid race, and the making of the longest clothesline with people and clothes. Admission: None. Anticipated Attendance: 700. Anticipated Participants: Not available. Location: Mariner's Point (Mission Bay). Host Organization: Greek Week. General Information: Thomas Hawes @ (619) 392-9032. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 3/29 **Children's Primary School Jog-A-Thon**
 7:00 a.m. - 4:00 p.m. Adults and children are welcome to come to Balboa Park and participate at this sponsorship walk. The walk will be upon a flat circular course that will wind around scenic areas of the park. Proceeds from this event will benefit the Children's Primary School. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Balboa Park (near Redwood Circle). Host Organization: Children's Primary School. General Information: Christina Muske @ (619) 283-6038. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

March

- Saturday 3/29
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 3/30
8:00 a.m. - 12:00 p.m. **1st Annual Walk For Recovery**
Enjoy a challenging walk at Balboa Park where the proceeds will benefit Mental Health Systems. The route of this walk will take you from the west side of the park to the east side and back. Enjoy the beauty of grass, trees, squirrels, and peacefulness. Post event activities will follow. Admission: \$15.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 5,000. Location: Balboa Park (Balboa Dr./Quince St. - El Prado - Cabrillo Bridge - Pan American Plaza - President's Way - Park Blvd. - Village Place - El Prado - Cabri. Ilo Bridge - Balboa Dr./Quince St.) Host Organization: Mental Health Systems. General Information: Ellen Flanagan @ (858) 792-2900. Media Information: Craig McLaughlin @ (858) 689-2633. Vendor Information: Not available. Internet: www.walkforrecovery.org.
- Sunday 3/30
8:30 a.m. - 10:30 a.m. **Easy to Moderate Bike Ride**
Have you ridden your bike at San Pasqual Valley before? Then bring your bike to the east side of the valley for a fun 9-mile bike ride. You'll ride in a group with others to explore the trails of an agricultural area. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Bandy Canyon Rd./Hwy. 78 (Hwy. 15 - Hwy. 78 - go 4.5-miles past Wild Animal Park - cross bridge - Bandy Canyon Rd. (right) - go 50-feet to entrance to staging area on right side before orange groves). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

April

- Friday 4/4
7:30 a.m. - 9:30 a.m. **USDHS Student Walk-A-Thon**
NOT OPEN TO THE PUBLIC. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 1,350. Location: East Mission Bay (De Anza Cove - Fiesta Island). Host Organization: University of San Diego High School. General Information: Del Centanni @ (619) 298-8277 x-120. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/5
7:00 a.m. - 4:00 p.m. **30th Annual Crew Classic Rowing Regatta (2-Day Event)**
Relax at the bay and view the competitive sport of canoe racing in 8-man boats. This is a team sport that takes procession, strength, and balance to accomplish a fast-paced speed upon water. In two days, there will be approximately 3,500 athletes competing on a 7-lane, 2,000-meter course. Admission: \$5.00 (age 12 & older). Anticipated Attendance: 9,000/day. Anticipated Participants: Not available. Location: Mission Bay (near Sea World Marina - Crown Point Shores). Host Organization: San Diego Crew Classic, Inc.. General Information: Sue Neal @ (858) 488-0700. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Not available. Internet: www.crewclassic.org.

April

- Saturday 4/5
9:30 a.m. - 11:30 a.m. **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 4/6
7:00 a.m. - 4:00 p.m. **30th Annual Crew Classic Rowing Regatta (2-Day Event)**
Relax at the bay and view the competitive sport of canoe racing in 8-man boats. This is a team sport that takes procession, strength, and balance to accomplish a fast-paced speed upon water. In two days, there will be approximately 3,500 athletes competing on a 7-lane, 2,000-meter course. Admission: \$5.00 (age 12 & older). Anticipated Attendance: 9,000/day. Anticipated Participants: Not available. Location: Mission Bay (near Sea World Marina - Crown Point Shores). Host Organization: San Diego Crew Classic, Inc.. General Information: Sue Neal @ (858) 488-0700. Media Information: Rick Schloss @ (619) 682-3407. Vendor Information: Not available. Internet: www.crewclassic.org.
- Sunday 4/6
7:30 a.m. - 12:00 p.m. **15th Annual SDCCU Multiple Sclerosis Walk**
Make a day of it. Choose between a 5K walk or a 10K walk. Then enjoy the post event festivities where there will be live music, food, merchandise, massage, team photos, awards, and more. Proceeds from this event will support research and programs to benefit persons with Multiple Sclerosis. Admission: Suggested Participant Sponsorship/Donations. Anticipated Attendance: Not available. Anticipated Participants: 5,000. Location: North Embarcadero Marina Park (Harbor Dr. - Seaport Village - Harbor Dr. - Laurel St. - Harbor Dr. - North Embarcadero Park). Host Organization: Natural Multiple Sclerosis Society. General Information: Nicole Pearson @ (858) 974-8640. Media Information: Larissa Roman @ (858) 974-8640. Vendor Information: Not available. Internet: www.mswalk.com.
- Sunday 4/6
1:30 p.m. - 3:30 p.m. **Little Italy Stickball**
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Little Italy (India Street between Cedar St. & Beech St.). Host Organization: Little Italy Association. General Information: Tom Dizinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Sunday 4/6
3:00 p.m. - 4:30 p.m. **Canyoneer's Walk (Piedras Pintadas Ridge)**
Walk with a group led by a trail guide and learn about plants and animals in the area. Waterfalls and spring wildflowers on a ridge overlooking Lake Hodges are the highlights of this easy walk. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Piedras Pintadas Ridge (from Hwy. 5 - Rancho Bernardo Rd. (west) - West Bernardo Dr. (right) - Poblado Rd. (left) - go 1-mile and park on street - meet at Moon Song Court/Signal Dr.). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

April

- Monday 4/7
8:00 a.m. - 10:30 a.m. **"Discover Lake Hodges" Hike**
Put on your hiking boots and join other hikers on this 4-mile walking adventure. Trail Guides Bob and Lynda will lead the way to a dam at Lake Hodges. Keep your eyes open and look around because you might see wildlife along the way. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go south 2-miles - park in dirt lot across street from Hernand. ez Hideaway Restaurant) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 4/12
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bass or crappie. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/12
8:30 a.m. - 11:30 a.m. **"Flora, Fauna & Wildflowers" Hike**
Put on your hiking boots and join other hikers on this 3.5-mile walking adventure. Trail Guide Ron will lead the way. He'll take you along the Piedras Pintadas Trail to an area above a waterfall where you can capture the beauty of springtime plants and wildflowers. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Bernardo Bay Natural Area (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go west 1/4-mile - sign "Bernardo Bay Natural Area"). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 4/12
8:30 a.m. - 10:30 a.m. **"Birding Lake Hodges with Palomar Audubon" Hike**
Put on your hiking boots and join other hikers on this walking adventure. An Audubon volunteer will be your guide. You'll learn about the different birds in the area of Lake Hodges, see what they look like, what they eat, and where they build their nests. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (Del Dios East) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go 1-mile - park at Del Dios Community Park - meet at general store) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 4/12
9:00 a.m. - 5:00 p.m. **One Love, One Beach Frisbee Tournament (2-Day Event)**
Frisbee competitions are fun to watch. A frisbee is a plastic disk-shaped object that is hurled into the air where it hovers and spins and is caught before it hits the ground. Competitors at this tournament will attempt to do many unusual and difficult throws and catches before their time is up. Admission: None. Anticipated Attendance: 250/day. Anticipated Participants: Not available. Location: Mission Bay (Mariner's Point). Host Organization: The Leukemia & Lymphoma Society. General Information: Brian De De @ (858) 272-5064. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

April

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| Sunday
9:00 a.m. - 5:00 p.m. | One Love, One Beach Frisbee Tournament (2-Day Event)
Frisbee competitions are fun to watch. A frisbee is a plastic disk-shaped object that is hurled into the air where it hovers and spins and is caught before it hits the ground. Competitors at this tournament will attempt to do many unusual and difficult throws and catches before their time is up. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 250/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Mission Bay (Mariner's Point). <u>Host Organization:</u> The Leukemia & Lymphoma Society. <u>General Information:</u> Brian De De @ (858) 272-5064. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Sunday
9:00 a.m. - 11:00 a.m. | Canyoneer's Walk (Torrey Pines State Reserve)
Walk with a group led by a trail guide and learn about plants and animals in the area. Rare Torrey Pine trees are mixed among native chaparral and wildflowers on this easy walk to a vista point that overlooks the Penasquitos Lagoon and the ocean. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 35. <u>Location:</u> Torrey Pines State Reserve (from Hwy. 5 - Carmel Valley Rd. (west) - Del Mar Scenic Parkway (right) - go to end of road. <u>Host Organization:</u> San Diego Natural History Museum. <u>General Information:</u> Information @ (619) 232-3821 x-203. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdnhm.org. |
| Sunday
9:30 a.m. - 11:30 a.m. | Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)
Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Tecolote Nature Center (5180 Tecolote Canyon). <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Ranger Jeff Viator @ (858) 581-9961. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday
7:00 a.m. - 9:00 a.m. | NAMI Strides for Mental Health Walk
Walking helps to create a healthy mind and body. So put your walking shoes on and join this 5K walk in the park that winds along paths and trails. Proceeds from this event will benefit persons with mental illness. This event is in conjunction with the "Strides for Mental Health Resource Fair". <u>Admission:</u> \$25.00. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 350. <u>Location:</u> Balboa Park (paths and trails on the west side of the park near Sixth Ave. & Laurel St.). <u>Host Organization:</u> National Alliance for Mentally Ill. <u>General Information:</u> Emy Alhambra @ (619) 708-7306. <u>Media Information:</u> Maria Kingkade @ (619) 232-2237. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.namisandiego.org. |
| Saturday
8:00 a.m. - 10:00 a.m. | Fishing at Lake Murray (Every Other Saturday)
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bass or crappie. <u>Admission:</u> Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 20. <u>Location:</u> Lake Murray. <u>Host Organization:</u> San Diego City Lakes. <u>General Information:</u> Ron Montoro @ (619) 668-3274. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |

April

- Saturday 4/26
8:30 a.m. - 11:30 a.m. **"Clevenger Canyon" Hike**
Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Susan will lead the way. She'll take you up a canyon area that is very strenuous, yet very beautiful. You're sure to get a good workout on this hike! Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: San Pasqual North (Hwy. 15 - Hwy. 78 - go 6-miles east of Wild Animal Park - meet at staging area). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 4/26
9:00 a.m. - 10:00 a.m. **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavallee @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 4/26
9:00 a.m. - 2:00 p.m. **2nd Annual Holiday Bowl Outrigger Challenge**
Come to see this outrigger challenge where 6-person teams will compete in a round robin tournament where canoes will race against each other on the waters of Mission Bay. See paddles in synchronized motion as canoes quickly and gracefully slide along. Admission: None. Anticipated Attendance: 400. Anticipated Participants: Not available. Location: West Mission Bay (Bahia Point near Ventura Cove). Host Organization: San Diego Bowl Game Association. General Information: John Remero @ (619) 283-5808. Media Information: Stacey Manske @ (619) 283-5808. Vendor Information: Not available. Internet: www.pacificlifeholidaybowl.com.
- Sunday 4/27
6:00 a.m. - 11:30 a.m. **33rd Annual March of Dimes Walk America**
Join an invigorating sponsorship walk in Balboa Park that will help to prevent birch defects and infant mortality through research. Post event activities include live band music, food and picnic area, massage tent, team photos, a kids play area, and an opportunity drawing. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 5,000. Location: Balboa Park (Sixth Ave./Laurel St. - Laurel St. - Laurel Street Bridge - El Prado - Organ Pavilion - President's Way - Houses of Hospitality - Preside. nt's Way - Organ Pavilion - El Prado - Laurel Street Bridge - Laurel St./Sixth Ave.) Host Organization: March of Dimes. General Information: Kate Kennedy @ (858) 576-1211 x-216. Media Information: Nancy Place @ (858) 576-1211 x-213. Vendor Information: Not available. Internet: www.sandiegomodimes.org.
- Sunday 4/27
7:30 a.m. - 9:00 a.m. **22nd Annual WindanSea 5-Mile Stride**
Join this challenging 5-mile walking event through winding coastline neighborhoods of La Jolla. Enjoy the scenic view of the ocean as you go by. This event is in conjunction with the "La Jolla Half Marathon" and "La Jolla Shores 5K" events. Admission: \$15.00 - \$20.00. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Scripps Park - Coast Blvd. - Olivetas Ave. - Marine St. - Monte Vista Ave. - Fern Glen St. - Neptune Place - Camino De La Costa - Sun Gold Point - Ave. nue Cresto - Palomar St. - Neptune Place - Fern Glen St. - Monte Vista Ave. - Olivetas St. - Coast Blvd. - Scripps Park Host Organization: Kiwanis Club of La Jolla. General Information: Information @ (858) 454-0777. Media Information: Bill Perry @ (858) 454-4111. Vendor Information: Judy Turner @ (619) 225-5527. Internet: www.lajollahalfmarathon.com.

April

- Sunday 4/27
7:30 a.m. - 11:30 a.m. **22nd Annual La Jolla Half Marathon**
This event is one of America's most picturesque and challenging runs (13.1-miles) with a scenic route along the coast, up a steep summit, through neighborhoods, and finishing at Scripps Pier. This event is in conjunction with the "La Jolla Shores 5K" and "WindanSea 5-Mile Stride" events. Admission: \$32.00 - \$45.00. Anticipated Attendance: Not available. Anticipated Participants: 7,000. Location: Del Mar Fairgrounds - Torrey Pines Park Rd. - North Torrey Pines Rd. - Genesee Blvd. - North Torrey Pines Rd. - La Jolla Shores Dr. - El Paseo Grande. - Calle Opima - La Vereda - Avenue de la Playa - Calle de la Playa - Paseo Dorado - Spindrifft - Torrey Pines Rd. - Coast Blvd. - La Jolla Cove Host Organization: Kiwanis Club of La Jolla. General Information: Information @ (858) 454-0777. Media Information: Bill Perry @ (858) 454-4111. Vendor Information: Judy Turner @ (619) 225-5527. Internet: www.lajollahalfmarathon.com.
- Sunday 4/27
7:30 a.m. - 9:00 a.m. **22nd Annual La Jolla Shores 5K**
Join this challenging 5K run/walk (3.1-miles) through winding coastline neighborhoods of La Jolla. Enjoy the scenic view of the ocean as you pass by. This event is in conjunction with the "La Jolla Half Marathon" and the "WindanSea 5-Mile Stride" events. Admission: \$22.00 - \$28.00. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: North Torrey Pines Rd. - La Jolla Shores Dr. - El Paseo Grande - Calle Opima - La Vereda - Avenue de la Playa - Calle de la Playa - Paseo Dorado - Spi. ndrft - Torrey Pines Rd. - Coast Blvd. - Scripps Park Host Organization: Kiwinas Club of La Jolla. General Information: Information @ (858) 454-0777. Media Information: Bill Perry @ (858) 454-4111. Vendor Information: Judy Turner @ (619) 225-5527. Internet: www.lajollahalfmarathon.com.

May

- Friday 5/2
9:00 a.m. - 12:00 p.m. **Deaf Field Day (Thearapeutic Recreation Services)**
Morley Field's baseball diamond will be the site of a sports day designed especially for hearing impaired youths ages 3-12. Games will include candyrelay races and water games such as "Duck, Duck, Splash" and "Bears, Salmon and Mosquitos" tag. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Morley Field (2221 Morley Dr.). Host Organization: Thearapeutic Recreation Services. General Information: Vicky Hara @ (619) 692-4919. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/3
7:00 a.m. - 10:30 a.m. **5th Annual California Liver Walk**
Wow! It's a walk at the San Diego Zoo! This 5K event allows you to walk on a selected course within the zoo where you can view animals along the way. This event also includes a 1.5K walk for children. You'll see the zoo in the early morning at a time when many animals are awake and active. Admission: \$20.00 - \$25.00 (adult) - \$10.00 (child age 2-14). Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: San Diego Zoo (near Park Blvd.). Host Organization: American Liver Foundation. General Information: Kristina Furros @ (619) 291-5483. Media Information: Not available. Vendor Information: Not available. Internet: www.liverfoundation.org.
- Saturday 5/3
7:00 a.m. - 11:00 a.m. **2nd Annual Stepping Out (It's a Walk in the Park)**
Lace up your walking shoes and get ready for a walk in the park. Individuals and teams of all ages are invited to choose between a 1-mile or a 3-mile walk. This early morning exercise will get your body moving and in gear for the rest of the day. Admission: \$15.00 (adults) - \$8.00 (children). Anticipated Attendance: Not available. Anticipated Participants: 300. Location: Rancho Bernardo Community Park (Lake Hodges). Host Organization: The Joslyn Center of Rancho Bernardo. General Information: Sandie Dewane @ (858) 487-9324 x-4. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

May

- Saturday 5/3
7:00 a.m. - 11:00 a.m. **3rd Annual Spring Sprint Triathlon/Duathlon**
This event is an excellent race for recreational and novice triathletes as well as experienced triathletes and duathletes. The course distance of a 225-yard swim, 1/4-mile run, 9-mile bike ride, and a 3-mile or 1-mile run allows competitors to go as fast or as steady as desired. Admission: \$55.00 - \$70.00 (individual) - \$65.00 - \$85.00 (relay team). Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: Mission Bay (South Shores Park near boat launch ramp - Sea World Dr. - Mission Bay Dr. - Fiesta Island roadway). Host Organization: KOZ Enterprises. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.
- Saturday 5/3
7:00 a.m. - 10:00 a.m. **1st Annual Arthritis Walk**
Come to the bay and join this 5K walk where the proceeds will support the Arthritis Foundation for research programs and services. By joining this event, you can improve the lives of others in the prevention and cure of arthritis and related diseases. Admission: Suggested Participants Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 450. Location: West Mission Bay (Hospitality Point). Host Organization: Arthritis Foundation. General Information: Steve Porter @ (858) 492-1090. Media Information: Not available. Vendor Information: Not available. Internet: www.arthritis.org.
- Saturday 5/3
7:00 a.m. - 12:00 p.m. **1st Annual Camp Laurel Bike Ride (San Diego to Los Angeles)**
Athletes can test their cycling endurance by joining this two-day event. Participants will ride their bikes from the Santa Fe Depot in Downtown San Diego to the City of Irvine in Los Angeles. The route will travel on streets, paths, and highways. That's a long way to go! Are you ready for this? Admission: \$1,000 Sponsorship Pledge. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Santa Fe Station (Kettner St. & Broadway) - Kettner St. - Broadway - Harbor Dr. - Hawthorne St. - Pacific Hwy. Host Organization: Camp Laurel Foundation, Inc.. General Information: Margot Andrew @ (323) 653-5005. Media Information: Not available. Vendor Information: Not available. Internet: www.camplareel.org.
- Saturday 5/3
7:00 a.m. - 4:00 p.m. **Gearin Up For Abused Kids Bike-A-Thon (2-Day Event)**
This cycling challenge is a 2-day 100-mile adventure from Costa Mesa to San Diego. Participants can choose to ride the full 100-mile ride (camp overnight) or ride 25-miles on the second day. Proceeds will fund a unique summer camp designed for the needs of abused and neglected children. Admission: \$50.00 - \$60.00 (2-day 100-mile ride + \$150.00 Support Pledge) - \$25.00 - \$35.00 (1-day 25-miles + \$75.00 Support Pledge). Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Costa Mesa - Pacific Coast Highway - Crystal Cove State Beach - San Clemente - Camp Pendleton - Oceanside - Del Mar - Torrey Pines State Park - La Jol. la - Pacific Beach - West Mission Bay. Host Organization: Newport-Mesa Christian Center. General Information: Dave Brooks @ (714) 545-1150. Media Information: Not available. Vendor Information: Not available. Internet: www.gearingup.net.
- Saturday 5/3
7:30 a.m. - 5:00 p.m. **7th annual Barrio Logan Grand Prix**
This event is the largest bicycling event in San Diego. Join the thrill of fast-paced racing by pro-racers and top-level amateurs as they race on city streets. Also included is a health fair and a cycling expo. And the first 300 child participants will receive a FREE bicycle helmet. Admission: \$12.00, \$22.00, or \$25.00 (depending on age, gender, and if a professional racer). Anticipated Attendance: Not available. Anticipated Participants: 900. Location: Newton Ave. - Beardsley St. - Main St. - Sigbee St. - Newton Ave. - 16th St. - National Ave. - Sigbee St. - Newton Ave. Host Organization: San Diego Bicycle Club. General Information: Information @ (858) 495-2454. Media Information: Not available. Vendor Information: Not available. Internet: www.sdbc.org.

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| <p>Saturday 5/3
7:30 a.m. - 1:00 p.m.</p> | <p>Lutheran Social Services Walk-A-Thon
San Diego Lutherans are motivated to fight poverty! Approximately 200 parishioners from various Lutheran churches will participate in a 5 1/2-mile sponsorship walk to raise funds to support social services in a fight against poverty. <u>Admission:</u> Suggested Participant Sponsorship. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 200. <u>Location:</u> Mission Bay Park (Crown Point Shores - Santa Clara Point). <u>Host Organization:</u> Lutheran Social Services. <u>General Information:</u> Lauren Cook @ (619) 843-7171. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Saturday 5/3
8:00 a.m. - 12:00 p.m.</p> | <p>8th Annual Dr. Seuss Kid's Magic Mile
Children ages 12 and younger can have a fun day at this athletic event that includes a series of 1-mile run/walks. Visit with the "Cat in the Hat", enjoy hat making, face painting, songs, clowns, refreshments, and storytelling. Children who participate will receive a medal, a book, and a t-shirt. <u>Admission:</u> \$10.00 - \$15.00. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 7,000. <u>Location:</u> Balboa Park (Sixth Ave./Laurel St. - Sixth Ave. - Upas St. - Balboa Dr. - Laurel St.). <u>Host Organization:</u> San Diego Council on Literacy. <u>General Information:</u> Ellen Flanagan @ (858) 792-2900. <u>Media Information:</u> Lynn Flanagan @ (858) 792-2900. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Saturday 5/3
9:00 a.m. - 5:00 p.m.</p> | <p>Lawn Bowling Tournament
Bring a chair or blanket to Balboa Park and relax on the grass to watch a lawn bowling tournament. Learn how lawn bowling is done. Lawn bowling can be as interesting to watch as it is to be a player. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Balboa Park (lawn bowling area near Balboa Dr. & Laurel St.). <u>Host Organization:</u> San Diego Lawn Bowling Club. <u>General Information:</u> Robin Olson @ (858) 270-6825. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Saturday 5/3
9:30 a.m. - 11:30 a.m.</p> | <p>Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 20. <u>Location:</u> Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). <u>Host Organization:</u> San Diego Park & Recreation Center. <u>General Information:</u> Carla Frogner @ (858) 581-9961. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Sunday 5/4
7:00 a.m. - 10:00 a.m.</p> | <p>14th Annual Dr. Seuss Race For Literacy
Put on your athletic shoes and join this 8K run/walk that will take you from Balboa Park to "Seussville" at Pantoja Park where the "Cat in the Hat" and refreshments will be waiting for you. Proceeds from this event will help to support literacy programs. <u>Admission:</u> \$22.00 - \$28.00. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 6,000. <u>Location:</u> Balboa Park (near Federal Bldg.) - El Prado - cross bridge - Laurel St. - Sixth Ave. - Robinson St. - Hwy. 163 (south) - 10th Ave. - Broadway - Fifth Ave. - G St. - Union St. <u>Host Organization:</u> San Diego Council on Literacy. <u>General Information:</u> Ellen Flanagan @ (858) 792-2900. <u>Media Information:</u> Ellen Flanagan @ (858) 792-2900. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.utdrseuss.com.</p> |

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| <p>Sunday 5/4
1:30 p.m. - 3:30 p.m.</p> | <p>Little Italy Stickball
The traditional game of "stickball" will be played in the heart of Little Italy. Its organ is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 100. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Little Italy (India Street between Cedar St. & Beech St.). <u>Host Organization:</u> Little Italy Association. <u>General Information:</u> Tom Dizinno @ (619) 233-3898. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.littleitalysd.com.</p> |
| <p>Sunday 5/4
3:00 p.m. - 6:00 p.m.</p> | <p>Canyoneer's Walk (Cowles Mountain (east))
Walk with a group led by a trail guide and learn about plants and animals in the area. This eastern approach to the top of Cowles Mountain (elevation 1,000-feet) is sure to give you a complete workout! <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 35. <u>Location:</u> East Cowles Mountain (Hwy. 8 - College Ave. (north) - Navajo Rd. (right) - Cowles Mountain Blvd. (left) - go 0.4-miles - Boulder Lake Ave. (left). <u>Host Organization:</u> San Diego Natural History Museum. <u>General Information:</u> Information @ (619) 232-3821 x-203. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdnhm.org.</p> |
| <p>Monday 5/5
8:00 a.m. - 10:30 a.m.</p> | <p>"Explore Lake Hodges" Hike
Put on your hiking boots and join other hikers on this 4-mile walking adventure. Trail Guides Bob and Lynda will lead the way along beautiful Lake Hodges to the dam. Keep a lookout for wildlife near the lake and enjoy blooming wildflowers growing all around. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go south 2-miles - park in dirt lot across street from Hernand. ez Hideaway Restaurant) <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |
| <p>Saturday 5/10
7:30 a.m. - 12:00 p.m.</p> | <p>9th Annual San Diego Animal Walk
Animal lovers can come together at this event. You and your pet can walk together with other people and their pets at this sponsorship walk to help raise funds to support animal shelters. Don't be surprised to see birds, rodents, and reptiles among the many cats and dogs at this event. <u>Admission:</u> Suggested Participant Sponsorship Pledge. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 3,800. <u>Location:</u> Mission Bay (Fiesta Island). <u>Host Organization:</u> San Diego Humane Society/S.P.C.A.. <u>General Information:</u> Lee Ann Owens @ (619) 299-7012 x-18. <u>Media Information:</u> Gigi Bacon-Theberge @ (619) 299-7012 x-277. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdhumane.org.</p> |
| <p>Saturday 5/10
7:30 a.m. - 10:00 a.m.</p> | <p>9th Annual Running the Red Road
Run or walk to the beat of drums. This event offers a 10K and 5K fun run/walks, plus a children's 1K run/walk. The course for each of these will take place in Balboa Park. These events combine Native American culture and physical activity into a day of fun for the entire family. <u>Admission:</u> \$17.00 - \$20.00 (10K) - \$15.00 - \$18.00 (5K) - \$10.00 - \$12.00 (kids 1K). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 800. <u>Location:</u> Balboa Park (President's Way - El Prado - Zoo Dr. - Upas St. - Zoo Dr. - El Prado - Laurel Street Bridge - Balboa Dr. - Larel Street Bridge - El Prado. - President's Way) <u>Host Organization:</u> Native American Council. <u>General Information:</u> Charlena Krusa @ (619) 420-6591. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |

May

- Saturday 5/10
8:00 a.m. - 3:00 p.m. **Hano Hano Hawaiian Outrigger Canoe Race**
Relax at the bay and view the challenging and competitive sport of canoe racing. See teams work the paddles with synchronized movements by reaching and leaning forward and pulling back the paddles to make the long wooden canoes race smoothly and quickly across the water. Admission: None. Anticipated Attendance: 550. Anticipated Participants: Not available. Location: Pacific Beach (Bonita Cove West - Crystal Pier - Bonita Cove West). Host Organization: Hano Hano Outrigger Canoe Club. General Information: Egon Hocajo @ (858) 483-0549. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/10
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bass or crappie. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/10
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Therapeutic Recreation Services)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Host Organization: Therapeutic Recreation Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Wednesday 5/14
5:30 p.m. - 7:00 p.m. **"Highland Valley Children's Exploration" Hike**
Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Susan will lead the way. Children and their parents will have a good time exploring the outdoors. Do you suppose the honey tree from Pooh Corner or the tree where Ichabod Crane is sleeping is in this area? Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Highland Valley (Hwy. 15 - West Bernardo Dr./Pomerado Rod. - go east - Highland Valley Rd. (left) - dirt parking lot (right)). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 5/17
7:00 a.m. - 9:30 a.m. **Tierrasanta Patriot's Day Trail Fun Run/Walk**
Join a group of adventurers and travel on a scenic course through the western edge of Mission Trails Park. The course contains dirt trails with three hills so be sure to wear your hiking boots. This event is in conjunction with the "Patriot's Day Parade" and "Patriot's Day Craft Fair". Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Mission Trails Regional Park (west side). Host Organization: Kiwanis Club of Tierrasanta. General Information: Hani Shatila @ (858) 268-0044. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

May

- Saturday 5/17
8:00 a.m. - 12:00 p.m. **17th Annual Parkinson's Disease Fun Run/Walk**
Bring a friend or co-worker to join others on a pleasant non-competitive 5-mile run/walk along scenic East Mission Bay. The purpose of this event is to raise awareness of Parkinson's Disease. Proceeds from this event will help to fight against the disease through research and programs. Admission: \$20.00 - \$25.00 (adult) - \$15.00 (children age 12 & younger). Anticipated Attendance: Not available. Anticipated Participants: 350. Location: East Mission Bay (on walkway from De Anza Cove to South Tecolote Shores). Host Organization: American Parkinson Disease Association. General Information: Ronald Hendrix @ (858) 273-6763. Media Information: Not available. Vendor Information: Not available. Internet: www.pdasd.org.
- Saturday 5/17
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Therapeutic Recreation Services)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Host Organization: Therapeutic Recreation Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/17
8:00 a.m. - 1:00 p.m. **15th Annual Great Strides Walk**
Come on everybody, let's go! Young or old, push a stroller, bring the dog! Come to picturesque Lake Miramar where you can take great strides against Cystic Fibrosis by joining this 10K pledge-driven walk. Proceeds will benefit research and programs through the Cystic Fibrosis Foundation. Admission: \$25.00 Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: Lake Miramar (meet at upper parking lot). Host Organization: Cystic Fibrosis Foundation. General Information: Jacquie Dutchover @ (858) 578-2945. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/17
10:00 a.m. - 10:00 a.m. **2nd Annual Relay For Life**
This event is a relay race for the purpose to raise funds to help fight against cancer. It consists of persons taking turns cycling on a track for a constant full 24-hours. Music, food, games, and prizes will keep participants entertained while camping out and waiting for their turn to cycle. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Mira Mesa Community Park (8575 New Salem St.). Host Organization: Mira Mesa Recreation Council. General Information: Victoria Brown @ (858) 538-8122. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/17
10:00 a.m. - 2:00 p.m. **Bandy Canyon Horseback Ride**
Take a wonderful 12-mile horse ride with Trail Guide John and Arvie to the Raptor Ridge View Point for a fun picnic. Bring your own horse with tack, water for yourself and your mount, and lunch. All junior riders must be accompanied by an adult and wear a helmet. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Bandy Canyon Rd./Hwy. 78 (Hwy. 15 - Hwy. 78 - go 4.5-miles past Wild Animal Park - cross bridge - Bandy Canyon Rd. (right) - go 50-feet to entrance to staging area on right side before orange groves) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

May

- Sunday 5/18
7:30 a.m. - 12:00 p.m. **4th Annual Walk for Hope to Cure Breast Cancer**
Join this athletic event where you can choose between a 5K or 10K fun run or a 5K walk. Walk or run in the name of someone you know who has suffered with breast cancer. Proceeds from this event will provide funds to fight breast cancer through research at the City of Hope. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: East Mission Bay (De Anza Cove - Fiesta Island). Host Organization: City of Hope. General Information: Jodette Heatherman @ (858) 452-6846. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 5/18
8:00 a.m. - 9:30 a.m. **Canyoneer's Walk (East Tecolote Canyon Natural Park)**
Walk with a group led by a trail guide and learn about plants and animals in the area. Six miles of canyon within the park wind between the communities of Clairemont and Linda Vista. This easy walk will take place in a side canyon containing a variety of natural vegetation. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: East Tecolote Canyon Natural Park (from Hwy. 163 - Genesee Ave. (west) - Marlesta Dr. (right) - meet at Genesee Ave./Marlesta Dr.). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.
- Sunday 5/18
8:00 a.m. - 12:00 p.m. **17th Annual Over the Bay Bridge Run/Walk**
Here's a great opportunity to run or walk across the Coronado Bay Bridge! Enjoy the excitement of traveling through the Gaslamp Quarter in Downtown San Diego and across the beautiful bay bridge to Tidelands Park on the island of Coronado. Post race activities will take place at the park. Admission: \$22.00 - \$30.00 (adult) - \$10.00 - \$30.00 (active duty military) - \$11.00 - \$16.00 (child age 10 & younger) - \$115.00 - \$130.00 (5-person team). Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Fifth Ave./Harbor Dr. - Crosby St. - National Ave. - Coronado Bay Bridge - Tidelands Park. Host Organization: Commander Navy Region Southwest. General Information: Information @ (760) 736-3548 or Kim Hansen @ (619) 666-0219. Media Information: Wanda Riggs @ (619) 556-7033. Vendor Information: Cindi Mansfield @ (619) 556-7464. Internet: www.mwrtoday.com.
- Sunday 5/18
8:30 a.m. - 11:30 a.m. **"Lake Hodges Emergency Storage Project" Hike**
Put on your hiking boots and join others on this 4-mile walking adventure. Trail Guide Ron will lead the way to the dam at Lake Hodges. There, you'll see the Emergency Water Storage Facility that began in 1998. This storage facility will hold emergency water for the city and county. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go south 2-miles - park in dirt lot across street from Hernand. ez Hideaway Restaurant) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 5/18
9:30 a.m. - 11:30 a.m. **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

May

- Saturday 5/24
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bass or crappie. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/24
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Therapeutic Recreation Services)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Host Organization: Therapeutic Recreation Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/24
9:00 a.m. - 10:00 a.m. **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavalley @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Monday 5/26
8:30 a.m. - 10:30 a.m. **21st Annual Holiday at Home Relay**
The community of Kensington is having a running event consisting of a 1-mile relay of 4-person teams of various ages and abilities. This event is in conjunction with the "Holiday at Home Parade" and "Holiday at Home Festival". Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Marlborough Avenue between Adams Ave. & Palesades Rd. Host Organization: Kensington Social & Athletic Club. General Information: Julie Braden @ (619) 234-2266. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Tuesday 5/27
8:00 a.m. - 3:30 p.m. **14th Annual Law Enforcement Torch Run**
This event is a fundraiser for the Special Olympics in California. Over 400 law enforcement personnel representing 20 agencies will carry the Special Olympics Torch throughout San Diego and pass the flame from one to another along the route. The route extends from the Mexican Border to Del Mar. Admission: \$20.00 (law enforcement runner). Anticipated Attendance: Not available. Anticipated Participants: 400. Location: International Mexican Border - San Ysidro - Chula Vista - National City - Downtown San Diego - Old Town - Mission Bay - Pacific Beach - La Jolla - Torrey Pines - Del Mar. Host Organization: Special Olympics Southern California. General Information: Clara Downes @ (619) 283-6100. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

May

- Saturday 5/31
8:00 a.m. - 9:30 a.m. **4th Annual Rock The Bay 5K**
Put on your running or walking shoes and join others at Hospitality Point in beautiful Mission Bay. This 5K run/walk will get your feet moving and your heart rate up for a good workout. Proceeds from this event will benefit the Music Conservatory that provides low cost music lessons to children. Admission: \$18.00. Anticipated Attendance: Not available. Anticipated Participants: 175. Location: Mission Bay (Hospitality Point - east along San Diego River flood control channel - Hospitality Point). Host Organization: The Music Conservatory. General Information: Steve Taggart @ (619) 475-8244. Media Information: Not available. Vendor Information: Not available. Internet: www.taggrun.com.
- Saturday 5/31
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Therapeutic Recreation Services)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Host Organization: Therapeutic Recreation Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 5/31
8:30 a.m. - 11:30 a.m. **"Native American History of Lake Hodges" Hike**
Put on your hiking boots and join others on this 5-mile walking adventure. Trail Guide Heather will lead the way on a trail alongside beautiful LakeHodges. She will speak about the Native American history of the area and what plants these people used for food and medicine. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

June

- Sunday 6/1
6:30 a.m. - 3:30 p.m. **6th Annual Suzuki Rock 'N' Roll Marathon**
San Diego will be rockin! Runners from 28 countries and all states will be participating at this exciting marathon. There will be over 40 live bands playing music along a 26-mile course that winds in and around streets, parks, and highways. Cheering spectators will gather along the route. Admission: \$65.00 - \$95.00. Anticipated Attendance: Not available. Anticipated Participants: 20,000. Location: Balboa Park (Sixth Ave./Laurel St.) - Downtown San Diego - Hwy. 163 - Friars Rd. - Marina District - Mission Bay - Pacific Beach - Vacation Island - S. ea World Dr. - Pacific Hwy. - Point Loma (MCRD). Host Organization: Elite Racing. General Information: Elizabeth Cox @ (858) 450-6510. Media Information: Audra Hoffmeyer @ (858) 450-6510. Vendor Information: Joel Greisbach @ (858) 450-6510. Internet: www.eliteracing.com.
- Sunday 6/1
8:00 a.m. - 10:30 a.m. **Canyoneer's Walk (Lake Hodges)**
Walk with a group led by a trail guide and learn about plants and animals in the area. This easy walk will lead you through a variety of terrains and past a waterfall. As you walk, learn about Native American uses for plants in this area that is rich in Kumeyaay history. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 35. Location: Rancho Bernardo (from Hwy. 15 - West Bernardo Dr./Pomerado Rd. - West Pomerado Rd. (south) - go 1/4-mile to dirt parking lot - meet at sign "Bernardo. Bay Natural Area"). Host Organization: San Diego Natural History Museum. General Information: Information @ (619) 232-3821 x-203. Media Information: Not available. Vendor Information: Not available. Internet: www.sdnhm.org.

June

Sunday	6/1	National Fishing and Boating Week (8-Day Event)
9:00 a.m.	- 5:00 p.m.	Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.
Monday	6/2	"Welcome Summer to the Lake" Hike
8:00 a.m.	- 10:30 a.m.	Put on your hiking boots and join other hikers on this 4-mile walking adventure. Trail Guides Bob and Lynda will lead the way to the dam at Lake Hodges. Enjoy blooming summertime flowers along the trail to the lake. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go south 2-miles - park in dirt lot across from Hernandez Hide. away Restaurant) <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.
Monday	6/2	National Fishing and Boating Week (8-Day Event)
9:00 a.m.	- 5:00 p.m.	Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.
Tuesday	6/3	National Fishing and Boating Week (8-Day Event)
9:00 a.m.	- 5:00 p.m.	Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.
Wednesday	6/4	National Fishing and Boating Week (8-Day Event)
9:00 a.m.	- 5:00 p.m.	Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.

June

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| Thursday | 6/5 | National Fishing and Boating Week (8-Day Event) |
| 9:00 a.m. | - 5:00 p.m. | Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Friday | 6/6 | National Fishing and Boating Week (8-Day Event) |
| 9:00 a.m. | - 5:00 p.m. | Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday | 6/7 | Pacific Beach Summer Classic Surf Contest |
| 7:00 a.m. | - 5:00 p.m. | Surfs up! And surfers are ready to hit the water! So come and relax on the beach and view the amazing water sport of surfing as surfers "catch the waves" at this contest. Surfing may look easy, but it takes strength, endurance, and a good sense of balance to achieve this sport. <u>Admission:</u> 500. <u>Anticipated Attendance:</u> 500. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Pacific Beach (Tourmaline Surfing Park near Pacific Beach Dr.). <u>Host Organization:</u> Pacific Beach Surf Club. <u>General Information:</u> Timothy Fields @ (619) 238-1400. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.pbsurfclub.org. |
| Saturday | 6/7 | Queen of Southern California Surf Contest (2-Day Event) |
| 7:00 a.m. | - 3:00 p.m. | The Foster Pro Surfing Tour will be in San Diego judging women surfers. Women will compete against each other on their surfing capability and skill. See them ride the waves at this event. Surfing may look easy, but it takes strength, endurance, and a good sense of balance to do it. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 250/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Pacific Beach (surf zone north of Pacific Beach Pier near Fieldspar St.). <u>Host Organization:</u> Action Sports Group. <u>General Information:</u> Darren Brilhart @ (949) 492-7873 x-647. <u>Media Information:</u> Sean Nielson @ (949) 492-7873 x-604. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.surfingthemeg.com. |
| Saturday | 6/7 | 15th Annual Holiday Bowl Basketball Tournament (2-Day Event) |
| 8:00 a.m. | - 4:00 p.m. | Relax near the bay and view the competitive sport of basketball consisting of 3-person teams of various ages. Basketball is a popular sport and much more competitive when there are fewer players on a team. Contest competition includes "free throw", "slam dunk", and "3-point shooting". <u>Admission:</u> None. <u>Anticipated Attendance:</u> 900/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Mission Bay (Crown Point Shores parking lot). <u>Host Organization:</u> San Diego Bowl Game Association. <u>General Information:</u> Shaun Copans @ (619) 283-5808. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.pacificlifeholidaybowl.com. |

June

- Saturday 6/7
8:00 a.m. - 9:30 a.m. **17th Annual CAHPERD Fun Run**
Are you ready to begin a healthy new lifestyle with exercise? Then join this event that allows you to choose from a 1-mile, 2-mile, or 3-mile run. This event is not a competition race, so go at your own pace and enjoy the day. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 300. Location: East Mission Bay walkway (De Anza Cove - Playa II north of Hilton Hotel). Host Organization: Calif. Assoc. Health Physical Ed. Recreation Dance. General Information: Keith Kuneko @ (858) 566-0273. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/7
8:00 a.m. - 12:00 p.m. **National Trails Day**
National Trails Day is inviting you to come out to the parks and see what they have to offer. Join trail guides to explore the Los Penasquitos Canyon and the Penasquitos Adobe Ranch House that was built in 1823. Collect information and learn about this and other parks at this event. Admission: None. Anticipated Attendance: 6,000. Anticipated Participants: Not available. Location: Los Penasquitos Canyon Preserve (staging area at Black Mountain Rd. & Mercy Rd.). Host Organization: San Diego Park & Recreation. General Information: Matthew Olesen @ (858) 694-3970. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/7
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bass or crappie. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/7
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Therapeutic Recreation Services)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Host Organization: Therapeutic Recreation Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/7
9:00 a.m. - 5:00 p.m. **National Fishing and Boating Week (8-Day Event)**
Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. Admission: None. Anticipated Attendance: 200/day. Anticipated Participants: Not available. Location: All City Lakes. Host Organization: San Diego Park & Recreation. General Information: Sharon Smith @ (619) 668-2072. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

June

- Saturday 6/7
9:00 a.m. - 4:00 p.m. **11th Annual All American Soap Box Derby (2-Day Event)**
Children ages 9-15 can compete in a soap box derby that will be judged in three categories. The winners of each category will compete again at the All-American Soap Box Derby in Akron, Ohio against youths from all over the world. Today's competition will be a rally race. Admission: \$20.00 (entry fee for participant age 9-15 with own derby car). Anticipated Attendance: 500/day. Anticipated Participants: Not available. Location: Sherman Heights (25th Street between Market St. & Imperial Ave.). Host Organization: Inner City Business Association. General Information: Benjamin Hueso @ (619) 533-5214. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/7
9:30 a.m. - 11:30 a.m. **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/7
9:30 a.m. - 11:30 a.m. **"Ancient Art of Storytelling" Hike**
Put on your hiking boots and join other hikers on this 4-mile walking adventure. Trail Guide Heather will lead the way. She will speak about the Kumeyaay Indians who once lived in the area. Learn about the history of these people who passed down their traditions through storytelling. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges (Del Dios West) (Hwy. 15 - Via Rancho Parkway - go west - Lake Dr. (left) - go south 2-miles - park in dirt lot across from Hernandez Hide. away Restaurant) Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Saturday 6/7
10:00 a.m. - 6:00 p.m. **Mighty 1090 "Battle of the Sexes"**
The Scott and BR Morning Show celebrities will play softball against members of the national champion women's softball team, "Storm U.S.A.". What a match; this ought to be a fun-filled game. Come and see them play! Proceeds will benefit the ABC Amateur Athletics, Inc. Admission: \$3.00 (adult) - \$1.00 (senior) - \$1.00 (child). Anticipated Attendance: 200. Anticipated Participants: Not available. Location: Nobel Athletic Field (near Shoreline Dr.). Host Organization: ABC Amateur Athletics, Inc.. General Information: Christopher Wells @ (714) 595-3163. Media Information: Not available. Vendor Information: Not available. Internet: www.stromusa.org.
- Sunday 6/8
7:00 a.m. - 3:00 p.m. **Queen of Southern California Surf Contest (2-Day Event)**
The Foster Pro Surfing Tour will be in San Diego judging women surfers. Women will compete against each other on their surfing capability and skill. See them ride the waves at this event. Surfing may look easy, but it takes strength, endurance, and a good sense of balance to do it. Admission: None. Anticipated Attendance: 250/day. Anticipated Participants: Not available. Location: Pacific Beach (surf zone north of Pacific Beach Pier near Fieldspar St.). Host Organization: Action Sports Group. General Information: Darren Brillhart @ (949) 492-7873 x-647. Media Information: Sean Nielson @ (949) 492-7873 x-604. Vendor Information: Not available. Internet: www.surfingthemeg.com.

June

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| <p>Sunday 6/8
8:00 a.m. - 9:00 a.m.</p> | <p>5th Annual Liberty Run/Walk (Freedom From Domestic Violence)
Domestic violence is the leading cause of injury to women ages 15-44. Your participation at this event will benefit six San Diego domestic violence shelters. Walk or run across the Coronado Bay Bridge from the Gaslamp Quarter to Coronado Island. Post activities will be at Tidelands Park. <u>Admission:</u> \$23.00 - \$28.00. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 4,100. <u>Location:</u> Fifth Ave./L St. - Fifth Ave. - Harbor Dr. - Crosby St. - National Ave. - Coronado Bay Bridge - Tidelands Park (Coronado Island). <u>Host Organization:</u> South Bay Community Services. <u>General Information:</u> Lisa Scolman @ (760) 434-6301. <u>Media Information:</u> Kathy Kinane @ (760) 434-2312. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.kinaneevents.com.</p> |
| <p>Sunday 6/8
8:00 a.m. - 4:00 p.m.</p> | <p>15th Annual Holiday Bowl Basketball Tournament (2-Day Event)
Relax near the bay and view the competitive sport of basketball consisting of 3-person teams of various ages. Basketball is a popular sport and much more competitive when there are fewer players on a team. Contest competition includes "free throw", "slam dunk", and "3-point shooting". <u>Admission:</u> None. <u>Anticipated Attendance:</u> 900/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Mission Bay (Crown Point Shores parking lot). <u>Host Organization:</u> San Diego Bowl Game Association. <u>General Information:</u> Shaun Copans @ (619) 283-5808. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.pacificlifeholidaybowl.com.</p> |
| <p>Sunday 6/8
9:00 a.m. - 5:00 p.m.</p> | <p>National Fishing and Boating Week (8-Day Event)
Wow! No license fee or fishing permit is needed today at all the City lakes! In recognition of Fishing and Boating Week, boaters and fishermen can have a jolly time for FREE at any of the City lakes in San Diego. Enjoy this great opportunity to cruise in your boat or test that new fishing rod. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 200/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> All City Lakes. <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Sharon Smith @ (619) 668-2072. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Sunday 6/8
9:00 a.m. - 4:00 p.m.</p> | <p>11th Annual All American Soap Box Derby (2-Day Event)
Children ages 9-15 can compete in a soap box derby that will be judged in three categories. The winners of each category will compete again at the All-American Soap Box Derby in Akron, Ohio against youths from all over the world. Today's competition will be the championship race. <u>Admission:</u> \$20.00 (entry fee for participant age 9-15 with own derby car). <u>Anticipated Attendance:</u> 500/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Sherman Heights (25th Street between Market St. & Imperial Ave.). <u>Host Organization:</u> Inner City Business Association. <u>General Information:</u> Benjamin Hueso @ (619) 533-5214. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available.</p> |
| <p>Monday 6/9
8:00 a.m. - 11:00 a.m.</p> | <p>Kayak Lake Hodges
Come to Lake Hodges and ride in a kayak. Kayak riding is interesting and fun because it allows you to glide quietly and smoothly across the water. Listen to your guides Bob and Lynda and learn how to use a kayak. And enjoy the morning looking for wildlife along the banks of the lake. <u>Admission:</u> \$12.00 (kayak rental). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 12. <u>Location:</u> Lake Hodges (Via Rancho Parkway - go west - Lake Dr. (left) - Del Dios Community Park - Lake Hodges boat dock area). <u>Host Organization:</u> San Dieguito River Park. <u>General Information:</u> Information @ (858) 674-2275 x-5. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.sdrp.org.</p> |

June

- Friday 6/13
8:00 a.m. - 5:00 p.m. **AVP Pro Beach Volleyball Tournament (3-Day Event)**
This event is part of a national sports tour seeking to establish the top men's and the top women's volleyball teams. 32-two man teams and 24-two women teams will compete in this tournament. Finalists for the professional divisions will be established on the third day of this event. Admission: None. Anticipated Attendance: 2,000. Anticipated Participants: Not available. Location: West Mission Bay (Mariner's Point). Host Organization: Association Volleyball Professionals. General Information: Matt Gage @ (310) 426-7108. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/14
7:00 a.m. - 5:00 p.m. **Pacific Beach Summer Surf Off**
Surf's up! And surfers are ready to hit the water! Come and relax on the beach to view surfers in action as they attempt to "catch the waves" at this contest. Six competitors will surf at a time so you'll see some good action. Surfing may look easy, but it takes great skill. Admission: None. Anticipated Attendance: 200. Anticipated Participants: Not available. Location: Pacific Beach (surf zone near Pacific Beach Dr.). Host Organization: Z-Tan Productions. General Information: Parker Mc Naughton @ (909) 574-1701. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/14
7:30 a.m. - 12:00 p.m. **2nd Annual Blood Bank 5K Run/Walk**
Get your blood circulating by walking or running at this event. Walk or run on a flat scenic course along the harbor at the Embarcadero. Get yourself in shape. Proceeds from this event will benefit the San Diego Blood Bank. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: North Embarcadero Marina Park - Kettner Blvd. - Harbor Dr. - Pacific Hwy. - Grape St. - South Embarcadero Marina Park - Seaport Village - San Diego Co. nvention Center - North Embarcadero Marina Park. Host Organization: San Diego Blood Bank. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Jackie Vella @ (619) 296-6393 x-188. Vendor Information: Not available. Internet: www.bloodbank.org.
- Saturday 6/14
8:00 a.m. - 11:00 a.m. **Handcycling in San Diego (Therapeutic Recreation Services)**
Persons with disabilities (age 5-adult) can join one of two groups to pedal around some of San Diego's most beautiful bike trails. Handcycling is a great way to meet people and enjoy fresh air and sunshine while building strength and endurance. Admission: \$20.00 (equipment rental & 6-sessions). Anticipated Attendance: Not available. Anticipated Participants: 35/day. Location: Various trails in San Diego near lakes and bays. Host Organization: Therapeutic Recreation Services. General Information: Information @ (619) 525-8247. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/14
9:00 a.m. - 11:00 a.m. **"Battle at Mule Hill" Hike**
Put on your hiking boots and join other hikers on this 5-mile walking adventure. Trail Guide Ron will lead the way. He will speak about the battle at Mule Hill and bring to life the history of it. He will also provide some history about the Sikes Adobe and the old town of Bernardo. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Lake Hodges Sunset Drive (Hwy. 15 - Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.

June

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| Saturday | 6/14 | AVP Pro Beach Volleyball Tournament (3-Day Event) |
| 9:00 a.m. | - 6:30 p.m. | This event is part of a national sports tour seeking to establish the top men's and the top women's volleyball teams. 32-two man teams and 24-two women teams will compete in this tournament. Finalists for the professional divisions will be established on the third day of this event. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 5,000. <u>Anticipated Participants:</u> Not available. <u>Location:</u> West Mission Bay (Mariner's Point). <u>Host Organization:</u> Association Volleyball Professionals. <u>General Information:</u> Matt Gage @ (310) 426-7108. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Sunday | 6/15 | Race Across America 2003 (2-Day Event) |
| 7:00 a.m. | - 9:00 a.m. | This 2-day event celebrates the beginning of a 3,000-mile non-stop cycling race from San Diego to Atlantic City and will be celebrated with a festival. Today, approximately 25 cyclists will begin their solo ride. They know their journey is far and challenging. Come and cheer them on! <u>Admission:</u> None. <u>Anticipated Attendance:</u> 375/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Harbor Dr.(near Ash St.) - Atlantic City (New Jersey). <u>Host Organization:</u> Race Across America LLC. <u>General Information:</u> Jim Pitre @ (480) 458-0487. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.raceacrossamerica.org. |
| Sunday | 6/15 | AVP Pro Beach Volleyball Tournament (3-Day Event) |
| 9:00 a.m. | - 4:00 p.m. | This event is part of a national sports tour seeking to establish the top men's and the top women's volleyball teams. 32-two man teams and 24-two women teams will compete in this tournament. Finalists for the professional divisions will be established on the third day of this event. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 5,000. <u>Anticipated Participants:</u> Not available. <u>Location:</u> West Mission Bay (Mariner's Point). <u>Host Organization:</u> Association Volleyball Professionals. <u>General Information:</u> Matt Gage @ (310) 426-7108. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Sunday | 6/15 | Nature Walk (Tecolote Canyon) (3rd Saturday Each Month) |
| 9:30 a.m. | - 11:30 a.m. | Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Tecolote Nature Center (5180 Tecolote Canyon). <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Ranger Jeff Viator @ (858) 581-9961. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Monday | 6/16 | Race Across America 2003 (2-Day Event) |
| 2:00 p.m. | - 4:00 p.m. | This 2-day event celebrates the beginning of a 3,000-mile non-stop cycling race from San Diego to Atlantic City and will be celebrated with a festival. Today, approximately 25 cyclists will begin their solo ride. They know their journey is far and challenging. Come and cheer them on! <u>Admission:</u> None. <u>Anticipated Attendance:</u> 375/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Harbor Dr.(near Ash St.) - Atlantic City (New Jersey). <u>Host Organization:</u> Race Across America LLC. <u>General Information:</u> Jim Pitre @ (480) 458-0487. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.raceacrossamerica.org. |

June

- Saturday 6/21
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bass or crappie. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/21
8:30 a.m. - 3:30 p.m. **Kai Elua Outrigger Canoe Club (Ironman Championships)**
Relax at the bay and view the challenging and competitive sport of canoe racing. See 6-person teams work the paddles of Hawaiian canoes in synchronized movements leaning forward and back pushing the paddles to make the canoes race smoothly and quickly across the water. Admission: None. Anticipated Attendance: 775. Anticipated Participants: Not available. Location: Mission Bay (West Bonita Cove south of designated swim area). Host Organization: Kai Elua Outrigger Canoe Club. General Information: Kate Godfrey @ (619) 750-2695. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/21
6:00 p.m. - 8:00 p.m. **"Celebrate Summer" Hike**
Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Susan will lead the way to a place where you can celebrate summer and see a gorgeous sunset on the longest day of the year. This hike is a strenuous one, so be prepared to get a good workout! Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: San Pasqual North (Hwy. 15 - Hwy. 78 - go 6-miles east of Wild Animal Park - meet at staging area). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 6/22
7:00 a.m. - 4:00 p.m. **13th Annual Cyclo-Vets Summer Classic Ominium**
This fast-paced cycling event includes a time trial, road race, and criterium. Athletes between the ages of 18-85 will race their bikes on a .7-mile loop course that goes around several times per run. A percentage of proceeds from this event will help to fund the Leukemia Society. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 250. Location: Mira Mesa (Huennekens St. & Waple St.). Host Organization: San Diego Cyclo Vets. General Information: Gary de Voss @ (619) 269-3165. Media Information: Not available. Vendor Information: Not available. Internet: www.cyclo-vets.org.
- Sunday 6/22
8:00 a.m. - 10:00 a.m. **Self-Transcendence Pacific Beach Swim/Run**
This event is an exciting two-part biathlon challenge that consists of swimming and running. Competitors will dash into the ocean for a 1/2-mile exhilarating swim and continue onward with a 5-mile run on the beach to the finish line. This activity is invigorating, challenging, and fun! Admission: \$25.00 - \$30.00 (individual) - \$40.00 - \$50.00 (2-person relay). Anticipated Attendance: Not available. Anticipated Participants: 250. Location: Pacific Beach (on sand & in water at South Crystal Pier - South Mission Beach Jetty). Host Organization: Sri Chinmoy Marathon Team. General Information: Vasudha Deming @ (619) 687-5859. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

June

- Sunday 6/22
8:30 a.m. - 10:30 a.m. **Easy to Moderate Bike Ride**
Have you ridden your bike at Lake Hodges before? Then bring your bike to the lake and join Ranger David on this fun bike ride. You'll ride in a group with others to explore the Mule Hill /San Pasqual Valley Trail. You'll enjoy the scenery along the way much better if you don't ride too fast. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 10. Location: Lake Hodges Sunset Drive (Hwy. 15 - Via Rancho Parkway (east) - Sunset Dr. (south) - park at end of road). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 6/22
1:00 p.m. - 4:00 p.m. **College Students Scholarship Walk-A-Thon**
The Iranian community in San Diego is holding a walk-a-thon at Lake Miramar. So put on your athletic shoes and get moving! Proceeds from this event will be used to provide scholarships to UCSD and UDSU students. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Lake Miramar. Host Organization: Persian Cultural Center. General Information: Aasalan Dadkhah @ (858) 455-9988 x-22. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/28
9:00 a.m. - 10:00 a.m. **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavallee @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 6/28
9:00 a.m. - 12:00 p.m. **"Piedras Pintadas" Hike**
Put on your hiking boots and join other hikers on this walking adventure. Trail Guide Mike will lead the way along the Piedras Pintadas Trail. He'll speak about the history of the Kumeyaay Indians and about the different plants they used as food and medicine. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Bernardo Bay Natural Area (Hwy. 15 - West Bernardo Dr./Pomerado Rd. - go west 1/4-mile - sign "Bernardo Bay Natural Area"). Host Organization: San Dieguito River Park. General Information: Information @ (858) 674-2275 x-5. Media Information: Not available. Vendor Information: Not available. Internet: www.sdrp.org.
- Sunday 6/29
6:30 a.m. - 11:00 a.m. **20th Annual San Diego Triathlon (Adult International Triathlon)**
Join top athletes at the San Diego Bay to participate in an exciting triathlon involving a 1,000-meter swim, 30K cycle, and a 10K run. This event is in conjunction with the "Adult Sprint Triathlon" and "Kids Triathlon" events. Admission: \$60.00 - \$70.00. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Swim(Spanish Landing-go 500-meters-turn buoys-Spanish Landing) Bike(Spanish Landing -Harbor Dr.-Scott St.-Avenue De Portugal-Evergreen St.-Canon St.-C. atalina Blvd.-Monument-Spanish Landing) Run(Spanish Landing-Harbor Dr.-Harbor Island Dr.-Sheraton Hotel-Rental Car Rd.-Harbor Dr.-Embarcadero) Host Organization: St. Vincent de Paul Village. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.

June

- Sunday 6/29
6:30 a.m. - 11:00 a.m. **20th Annual San Diego Triathlon (Adult Sprint Triathlon)**
Join other athletes at the San Diego Bay to participate in an exciting triathlon on a sprint course. Participants will begin their endeavor with a swim, continue with a cycle, and end with a run. This event is in conjunction with the "International Triathlon" and "Kids Triathlon" events. Admission: \$50.00 - \$60.00. Anticipated Attendance: Not available. Anticipated Participants: 1,000. Location: Swim(Spanish Landing-go 250-meters-turn buoys-Spanish Landing) Bike(Spanish Landing-Harbor Dr.-Scott St.-Avenue de Portugal-Evergreen St.-Canon St.-C. atalina Blvd.-Monument-Spanish Landing) Run(Spanish Landing-Harbor Dr.-Harbor Isl. Dr.-Tom Hams-Harbor Isl. Dr.-Rental Car Rd.-Harbor Dr.-Embarcadero) Host Organization: St. Vincent de Paul Village. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.
- Sunday 6/29
8:30 a.m. - 11:00 a.m. **20th Annual San Diego Triathlon (Kids Triathlon)**
Children ages 8-14 will compete at this triathlon designed just for them. It will take place at the San Diego Bay and will begin with a swim, continue with a cycle, and end with a run. This event is in conjunction with the "International Triathlon" and "Adult Sprint Triathlon" events. Admission: \$25.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Swim: (Spanish Landing Park - go parallel to shore) Bike: (Spanish Landing Park - Harbor Dr. (east) - Harbor Dr. (west) - Spanish Landing Dr. - Spanish Landing Park) Run: (Spanish Landing Park - walkway parallel to road on Spanish Landing Park - Spanish Landing Dr. - Spanish Landing Park) Host Organization: St. Vincent de Paul Village. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.

July

- Friday 7/4
6:00 a.m. - 1:00 p.m. **26th Annual Scripps Ranch 10K/Fun Run/Bike Ride**
Today you can choose to run or cycle. There will be a 10K run and a 2-mile run. Bike rides consist of a 50-mile, 28-mile, and a 12-mile. Whichever you choose, it will start your day at a good pace. This event is in conjunction with the Scripps Ranch 4th of July Parade and Festival events. Admission: \$25.00 - \$30.00 (10K) - \$15.00 - \$20.00 (2-mile Run) - \$30.00 - \$35.00 (50-mile cycle) - \$20.00 - \$25.00 (28-mile cycle) - \$12.00 - \$15.00 (12-mile cy. Anticipated Attendance: Not available. Anticipated Participants: 2,800. Location: 10K & Fun Run (Red Cedar Dr./Miramar Ranch School - Canyon Lake Dr./Hoyt Park) Cycling (Hibert St. - Hoyt Park). Host Organization: Scripps Ranch Old Pros, Inc.. General Information: Kevin Clark @ (858) 566-7963. Media Information: Steve Fiorina @ (858) 549-3155. Vendor Information: Not available. Internet: Not available.
- Saturday 7/5
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

July

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| Saturday | 7/5 | Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month) |
| 9:30 a.m. | - 11:30 a.m. | Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. <u>Admission</u> : None. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 20. <u>Location</u> : Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). <u>Host Organization</u> : San Diego Park & Recreation Center. <u>General Information</u> : Carla Frogner @ (858) 581-9961. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| Sunday | 7/6 | Canyoneer's Walk (East San Clemente Canyon/Marian Bear Park) |
| 8:00 a.m. | - 9:30 a.m. | Walk with a group led by a trail guide and learn about plants and animals in the area. Huge sycamores and live oak trees highlight this easy walk at the floor of a canyon. Learn how to identify different kinds of trees and how the distinctive mottled bark of sycamore trees helps to identify it. <u>Admission</u> : None. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 35. <u>Location</u> : Marian Bear Memorial Park (from Hwy. 52 - Genesee Ave. (north) - parking lot on east side of Genesee Ave.). <u>Host Organization</u> : San Diego Natural History Museum. <u>General Information</u> : Information @ (619) 232-3821 x-203. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.sdnhm.org. |
| Tuesday | 7/8 | 10th Annual Camp at the Bay (Therapeutic Recreation Services (4-Day Event)) |
| 10:00 a.m. | - 3:00 p.m. | Persons with disabilities ages 7-adult can camp at the bay and experience active recreational fun. These sporting activities include swimming, jet skiing, tubing, sailing, kayaking, golf, karate, craft-making, and hand-cycling. <u>Admission</u> : \$75.00/per session. <u>Anticipated Attendance</u> : 78/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Mission Bay (North Crown Point Shores). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Scott Krause @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| Wednesday | 7/9 | 10th Annual Camp at the Bay (Therapeutic Recreation Services (4-Day Event)) |
| 10:00 a.m. | - 3:00 p.m. | Persons with disabilities ages 7-adult can camp at the bay and experience active recreational fun. These sporting activities include swimming, jet skiing, tubing, sailing, kayaking, golf, karate, craft-making, and hand-cycling. <u>Admission</u> : \$75.00/per session. <u>Anticipated Attendance</u> : 78/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Mission Bay (North Crown Point Shores). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Scott Krause @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| Wednesday | 7/9 | SDTC 3-Mile Fun Run |
| 6:00 p.m. | - 7:30 p.m. | It's a 3-miler! So lace up your athletic shoes and get going. Join others at Hospitality Point in Mission Bay where you'll run along the Mission Bay Flood Control Channel and back to Hospitality Point. It's a perfect place to get in some exercise. Post event activities include awards. <u>Admission</u> : \$8.00. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 145. <u>Location</u> : Mission Bay (meet at gazebo at Hospitality Point). <u>Host Organization</u> : San Diego Track Club. <u>General Information</u> : Frank Williamson @ (619) 234-1426. <u>Media Information</u> : Julie Pallia @ (619) 234-1426. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |

July

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| Thursday | 7/10 | 10th Annual Camp at the Bay (Therapeutic Recreation Services (4-Day Event)) |
| 10:00 a.m. | - 3:00 p.m. | Persons with disabilities ages 7-adult can camp at the bay and experience active recreational fun. These sporting activities include swimming, jet skiing, tubing, sailing, kayaking, golf, karate, craft-making, and hand-cycling. <u>Admission</u> : \$75.00/per session. <u>Anticipated Attendance</u> : 78/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Mission Bay (North Crown Point Shores). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Scott Krause @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| Friday | 7/11 | 10th Annual Camp at the Bay (Therapeutic Recreation Services (4-Day Event)) |
| 10:00 a.m. | - 3:00 p.m. | Persons with disabilities ages 7-adult can camp at the bay and experience active recreational fun. These sporting activities include swimming, jet skiing, tubing, sailing, kayaking, golf, karate, craft-making, and hand-cycling. <u>Admission</u> : \$75.00/per session. <u>Anticipated Attendance</u> : 78/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Mission Bay (North Crown Point Shores). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Scott Krause @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| Saturday | 7/12 | 50th Annual Over-The-Line Tournament (4-Day Event) |
| 7:30 a.m. | - 4:00 p.m. | Spend an exciting day at the bay and join a crowd of happy people at this adult-oriented beach softball World Championship event. This traditional game is a form of rugged sand softball, limited to 1,200 three-person teams. There will be over 2,000 games played over a period of two weekends. <u>Admission</u> : None. <u>Anticipated Attendance</u> : 12,000/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : East Mission Bay (Fiesta Island near Mission Bay Dr./Sea World Dr.). <u>Host Organization</u> : Old Mission Beach Athletic Club. <u>General Information</u> : Donald Peterson @ (619) 297-8480 x-202. <u>Media Information</u> : Duke Marston @ (858) 536-9940. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.ombac.org . |
| Sunday | 7/13 | Self-Transcendence La Jolla Swim/Run |
| 7:00 a.m. | - 9:00 a.m. | This event is an exciting two-part biathlon challenge that consists of swimming and running. Competitors will dash into the ocean for a 1-mile exhilarating swim and continue onward with a 10K run on the beach to the finish line. This activity is invigorating, challenging, and fun! <u>Admission</u> : \$25.00 - \$30.00 (individual) - \$40.00 - \$50.00 (2-person relay team). <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 250. <u>Location</u> : La Jolla (on sand & in water at La Jolla Cove - La Jolla Shores). <u>Host Organization</u> : Sri Chinmoy Marathon Team. <u>General Information</u> : Vasudha Deming @ (619) 687-5859. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available. |
| Sunday | 7/13 | 1st Annual Strides For Seniors |
| 7:30 a.m. | - 9:30 a.m. | Seniors and persons of all ages are welcome to test their physical endurance by participating in a challenging 5K race or a 1-mile non-competitive walk/run. Balboa Park is the place for this event where there are shady trees and green lawns, and people and squirrels to cheer everybody onward. <u>Admission</u> : \$20.00 - \$25.00. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 500. <u>Location</u> : Balboa Park (President's Way - Organ Pavilion - El Parado - Cabrillo Bridge - Balboa Dr. - Quince St. - Balboa Dr. - Laurel St. - Cabrillo Bridge - El Prado - Organ Pavilion - Houses of Pacific Relations - President's Way). <u>Host Organization</u> : Elderhelp of San Diego. <u>General Information</u> : Susan Loveall @ (619) 226-1324. <u>Media Information</u> : Katherine Curriden @ (760) 942-7189. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.stridesforseniors.com . |

July

- Sunday 7/13 **50th Annual Over-The-Line Tournament (4-Day Event)**
 7:30 a.m. - 4:00 p.m. Spend an exciting day at the bay and join a crowd of happy people at this adult-oriented beach softball World Championship event. This traditional game is a form of rugged sand softball, limited to 1,200 three-person teams. There will be over 2,000 games played over a period of two weekends. Admission: None. Anticipated Attendance: 12,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island near Mission Bay Dr./Sea World Dr.). Host Organization: Old Mission Beach Athletic Club. General Information: Donald Peterson @ (619) 297-8480 x-202. Media Information: Duke Marston @ (858) 536-9940. Vendor Information: Not available. Internet: www.ombac.org.
- Sunday 7/13 **Little Italy Stickball Games**
 1:30 p.m. - 3:30 p.m. The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: India Street between Cedar St. & Beech St. Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Tuesday 7/15 **Best Buddy/Team Play Team Survival Challenge**
 9:00 a.m. - 3:30 p.m. Four groups of eight teams will compete at interesting, hilarious, and entertaining sports and games at this event. These activities include quad volleyball, island obstacle course, water ball launch, rat trap challenge, jungle crossing, desolate desert crossing, the last move, and the last drink. Admission: None. Anticipated Attendance: 300. Anticipated Participants: Not available. Location: Mission Bay Park (Mariner's Point). Host Organization: Best Buddies International. General Information: Aaron Pankratz @ (619) 584-5450. Media Information: Not available. Vendor Information: Not available. Internet: www.bestbuddies.org.
- Saturday 7/19 **50th Annual Over-The-Line Tournament (4-Day Event)**
 7:30 a.m. - 4:00 p.m. Spend an exciting day at the bay and join a crowd of happy people at this adult-oriented beach softball World Championship event. This traditional game is a form of rugged sand softball, limited to 1,200 three-person teams. There will be over 2,000 games played over a period of two weekends. Admission: None. Anticipated Attendance: 12,000/day. Anticipated Participants: Not available. Location: East Mission Bay (Fiesta Island near Mission Bay Dr./Sea World Dr.). Host Organization: Old Mission Beach Athletic Club. General Information: Donald Peterson @ (619) 297-8480 x-202. Media Information: Duke Marston @ (858) 536-9940. Vendor Information: Not available. Internet: www.ombac.org.
- Saturday 7/19 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

July

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| Saturday | 7/19 | 5th Annual Race for the Pennant |
| 8:00 a.m. | - 12:00 p.m. | Persons of all ages are encouraged to participate at this athletic event. Run or walk your way from Qualcomm Stadium's parking lot, through a Mission Valley neighborhood, and back to the Stadium. Post event activities include an awards ceremony, live band music, snacks, and baseball. <u>Admission:</u> \$22.00 - \$30.00 (adult) - \$19.00 - \$30.00 (active duty military) - \$11.00 - \$16.00 - (child age 10 & younger) - \$115.00 - \$130.00 (5-person team) - FR. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 500. <u>Location:</u> Qualcomm Stadium (southside parking lot) - Friars Rd. - River Run Dr. - Rio San Diego Dr. - Rio Bonito Dr. - Rio Bonito Way - Friars Rd. - Qualcomm St. <u>Host Organization:</u> Commander Navy Region Southwest. <u>General Information:</u> Kim Hansen @ (858) 538-9348. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Cindi Mansfield @ (619) 556-7464. <u>Internet:</u> www.mwrtoday.com. |
| Sunday | 7/20 | 2nd Annual AARP Tri-Umph |
| 7:30 a.m. | - 11:30 a.m. | This athletic event is designed for persons age 50+ to promote good health and well being through exercise. This triathlon (known as tri-umph) consists of a 400-meter swim, a 12-mile cycle, and a 3-mile run. Now, that's enough activity for a full physical workout! <u>Admission:</u> \$30.00 (age 50+). <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 165. <u>Location:</u> Balboa Park (Morley Field staging area). <u>Host Organization:</u> American Association for Retired People (AARP). <u>General Information:</u> Sean Watkins @ (760) 402-3048. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.aarp.org/triumph. |
| Sunday | 7/20 | 50th Annual Over-The-Line Tournament (4-Day Event) |
| 7:30 a.m. | - 4:00 p.m. | Spend an exciting day at the bay and join a crowd of happy people at this adult-oriented beach softball World Championship event. This traditional game is a form of rugged sand softball, limited to 1,200 three-person teams. There will be over 2,000 games played over a period of two weekends. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 12,000/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> East Mission Bay (Fiesta Island near Mission Bay Dr./Sea World Dr.). <u>Host Organization:</u> Old Mission Beach Athletic Club. <u>General Information:</u> Donald Peterson @ (619) 297-8480 x-202. <u>Media Information:</u> Duke Marston @ (858) 536-9940. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.ombac.org. |
| Sunday | 7/20 | 1st Annual Aloha Spirit Run/Walk |
| 8:00 a.m. | - 2:00 p.m. | Lace up your athletic shoes and get ready for some exercise! This event offers a 5K timed run, 5K people's walk, and a kids run. Post event activities include awards, prizes, health & fitness expo, and a Hawaiian lu'au. Proceeds will benefit homeless children and heart disease research. <u>Admission:</u> \$12.00 - \$25.00. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 1,500. <u>Location:</u> Embarcadero Park North - Seaport Village - Harbor Dr. - Grape St. - Harbor Dr. - Embarcadero Park North. <u>Host Organization:</u> St. Vincent De Paul Village. <u>General Information:</u> Joan Pattison @ (760) 736-1001. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> www.strideamerica.com. |
| Sunday | 7/20 | Nature Walk (Tecolote Canyon) (3rd Saturday Each Month) |
| 9:30 a.m. | - 11:30 a.m. | Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 25. <u>Location:</u> Tecolote Nature Center (5180 Tecolote Canyon). <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Ranger Jeff Viator @ (858) 581-9961. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |

July

- Wednesday 7/23
6:00 p.m. - 7:30 p.m. **SDTC 3-Mile Fun Run**
It's a 3-miler! So lace up your athletic shoes and get going. Join others at Hospitality Point in Mission Bay where you'll run along the Mission Bay Flood Control Channel and back to Hospitality Point. It's a perfect place to get in some exercise. Post event activities include awards. Admission: \$8.00. Anticipated Attendance: Not available. Anticipated Participants: 145. Location: Mission Bay (meet at gazebo at Hospitality Point). Host Organization: San Diego Track Club. General Information: Frank Williamson @ (619) 234-1426. Media Information: Julie Pallia @ (619) 234-1426. Vendor Information: Not available. Internet: Not available.
- Saturday 7/26
7:00 a.m. - 9:30 a.m. **22nd Annual Run & Stride with Pride**
Exercise with a morning walk or run at Balboa Park. You'll travel along walkways and pathways throughout the park under the shade of trees. Choose between a 5K run or a 1-mile walk. Enjoy the beauty of the area while getting your exercise. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 250. Location: Balboa Park (west side of park near Sixth Ave. & Laurel St.). Host Organization: Front Runners San Diego. General Information: Edward Karas @ (619) 692-3812. Media Information: Not available. Vendor Information: Not available. Internet: www.frsd.org.
- Saturday 7/26
9:00 a.m. - 10:00 a.m. **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavalley @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

August

- Saturday 8/2
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/2
9:30 a.m. - 11:30 a.m. **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

August

- Saturday 8/2
10:00 a.m. - 2:00 p.m. **"Take a Kid Fishing" Derby**
Parents can bring their children to Lake Murray for a fun day of fishing. Today, children will be supplied with a rod and reel and bait. And for an added surprise, they will also receive lunch and a t-shirt. Be sure to bring your camera to capture amusing pictures of your child fishing. Admission: None. Anticipated Attendance: 150. Anticipated Participants: Not available. Location: Lake Murray. Host Organization: AIM Marine. General Information: Bill Brown @ (619) 443-0031. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 8/3
7:30 a.m. - 10:00 a.m. **49th Annual Balboa Boogie 8-Mile & 3-Mile Runs**
Are you ready to get some exercise under the shade and sun on roadways and trails in Balboa Park? Then join this event that consists of two runs. Choose between an 8-mile cross country run or a 3-mile run. Either of these will get your day started in a fast and healthy way. Admission: \$12.00 - \$14.00 (8-mile run) - \$5.00 - \$7.00 (3-mile run). Anticipated Attendance: Not available. Anticipated Participants: 280. Location: Balboa Park (President's Way at Recital Hall near Organ Pavilion - Cabrillo Bridge - Balboa Dr. - Marston Point - Bridal Trail - Upas St. - Zoo Dr. - Village Place - Upas St. - Balboa Dr. - Cabrillo Bridge - Recital Hall). Host Organization: San Diego Track Club. General Information: Bradley Cox or Mary Ryzner @ (760) 749-5336. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.com.
- Sunday 8/3
1:30 p.m. - 3:30 p.m. **Little Italy Stickball Games**
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: India Street between Cedar St. & Beech St. Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Tuesday 8/5
5:00 p.m. - 8:30 p.m. **5th Annual "National Night Out" Crime-Free Walk**
Do your part to show you care about having crime-free neighborhoods by participating at this event. Walk with dignitaries and leaders from the Police Department in unity to demonstrate strength against crime. Post event activities include a block party with snacks, music, and prizes. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 400. Location: Police Headquarters (Broadway/14th St. - 14th St. - 25 St./Imperial Ave.). Host Organization: National Night Out. General Information: Bruce Getz @ (619) 685-8206. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Wednesday 8/6
6:00 p.m. - 7:30 p.m. **SDTC 4-Mile Fun Run**
It's a 4-miler! So lace up your athletic shoes and get going. Join others at Hospitality Point in Mission Bay where you'll run along the Mission Bay Flood Control Channel and back to Hospitality Point. It's a perfect place to get in some exercise. Post event activities include awards. Admission: \$8.00. Anticipated Attendance: Not available. Anticipated Participants: 100. Location: Mission Bay (meet at gazebo at Hospitality Point). Host Organization: San Diego Track Club. General Information: Frank Williamson @ (619) 234-1426. Media Information: Julie Pallia @ (619) 234-1426. Vendor Information: Not available. Internet: Not available.

August

- Saturday 8/9 **Lawn Bowling Tournament (2-Day Event)**
 8:30 a.m. - 5:00 p.m. Bring a chair or blanket to Balboa Park and relax on the grass to watch a lawn bowling tournament. Learn how lawn bowling is done. This sport can be as interesting to watch as it is to be a player. Admission: None. Anticipated Attendance: 200/day. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling area near Balboa Dr. & Laurel St.). Host Organization: San Diego Lawn Bowling Club. General Information: Robin Olson @ (858) 270-6825. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 8/10 **5th Annual "Tour of Buoys" 5-Mile Swim**
 8:30 a.m. - 12:30 p.m. View registered U.S. Master Swimmers as they compete on a challenging 5-mile course in the waters of La Jolla Shores. They will swim within the perimeter of buoys in the Ecological Reserve. From ages 18-70, there will also be other groups competing against each other including disabled swimmers. Admission: None. Anticipated Attendance: 400. Anticipated Participants: Not available. Location: La Jolla Ecological Reserve at Kellogg Park (5-mile course in water with perimeter marked by buoys). Host Organization: La Jolla Cove Swim Club. General Information: David Lamott @ (619) 222-3436. Media Information: Not available. Vendor Information: Not available. Internet: www.lajollacoveswimclub.org.
- Sunday 8/10 **Lawn Bowling Tournament (2-Day Event)**
 8:30 a.m. - 5:00 p.m. Bring a chair or blanket to Balboa Park and relax on the grass to watch a lawn bowling tournament. Learn how lawn bowling is done. This sport can be as interesting to watch as it is to be a player. Admission: None. Anticipated Attendance: 200/day. Anticipated Participants: Not available. Location: Balboa Park (lawn bowling area near Balboa Dr. & Laurel St.). Host Organization: San Diego Lawn Bowling Club. General Information: Robin Olson @ (858) 270-6825. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/16 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/16 **30th Annual Midnight Madness Fun Bicycle Ride**
 11:59 p.m. - 4:00 a.m. At the stroke of midnight, cyclists of all ages will begin on a ride through streets and highways of San Diego. It'll be fun because some riders will be dressed in their finest pajamas and funniest costumes. Post event activities include a costume contest, entertainment, and goodie bags. Admission: \$25.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: County Administration Bldg. (1600 Pacific Hwy.) - Ash St. - Harbor Dr. - Harbor Island Dr. - Scott St. - Shelter Island Dr. - Rosecrans Blvd. - Old Town - Congress Ave. - San Diego Ave. - Noel St. - Hancock St. - Kettner Blvd. - Harbor Dr. - County Administration Bldg. Host Organization: The Uptown Optimist Club. General Information: Robert Redmon @ (619) 284-3321. Media Information: Not available. Vendor Information: Not available. Internet: www.hostelweb.com/midnightride.

August

Sunday	8/17	26th Annual America's Finest City Half Marathon
4:30 a.m. - 11:00 a.m.		San Diego's world famous half marathon is here! Athletes from 14 countries and 48 states will compete in this event. It's rated as the 5th largest half marathon (13.1-miles) in the United States west of the Mississippi. This event also offers a 5K (3.1-mile) run/walk. <u>Admission</u> : \$45.00 \$55.00 (1/2-marathon) - \$20.00 - \$23.00 (5K run/walk). <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 7,000. <u>Location</u> : Cabrillo Memorial Dr. - Rosecroft St. - Silvergate St. - Dupont St. - Gage St. - Harbor Isl. Dr. - Frontage Rd. - North Harbor Dr. - Ash St. - Pacific Hwy. - Broadway - India St. - A St. - Sixth Ave. - Laurel St. - Balboa Park (Plaza de Panama). <u>Host Organization</u> : Cabrillo National Monument Foundation. <u>General Information</u> : Information @ (858) 792-2900. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.afchalf.com.
Sunday	8/17	Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)
9:30 a.m. - 11:30 a.m.		Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. <u>Admission</u> : None. <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 25. <u>Location</u> : Tecolote Nature Center (5180 Tecolote Canyon). <u>Host Organization</u> : San Diego Park & Recreation. <u>General Information</u> : Ranger Jeff Viator @ (858) 581-9961. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available.
Tuesday	8/19	17th Annual Wheelchair Sports (Therapeutic Recreation Services (5-Day Event))
8:00 a.m. - 3:00 p.m.		Persons age 4-18 with a permanent disability are encouraged to join others at this sporting event. Top-ranked wheelchair athletes will serve as rolemodels and will provide instruction and guidance in sports such as basketball, rugby, hockey, handcycling, over-the-line, golf, and tennis. <u>Admission</u> : \$50.00 (5-days). <u>Anticipated Attendance</u> : 65/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : North Crown Point Shores (Mission Bay) & Southwest Community College (Chula Vista). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Marla Knox @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available.
Wednesday	8/20	17th Annual Wheelchair Sports (Therapeutic Recreation Services (5-Day Event))
8:00 a.m. - 3:00 p.m.		Persons age 4-18 with a permanent disability are encouraged to join others at this sporting event. Top-ranked wheelchair athletes will serve as rolemodels and will provide instruction and guidance in sports such as basketball, rugby, hockey, handcycling, over-the-line, golf, and tennis. <u>Admission</u> : \$50.00 (5-days). <u>Anticipated Attendance</u> : 65/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : North Crown Point Shores (Mission Bay) & Southwest Community College (Chula Vista). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Marla Knox @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available.
Thursday	8/21	17th Annual Wheelchair Sports (Therapeutic Recreation Services (5-Day Event))
8:00 a.m. - 3:00 p.m.		Persons age 4-18 with a permanent disability are encouraged to join others at this sporting event. Top-ranked wheelchair athletes will serve as rolemodels and will provide instruction and guidance in sports such as basketball, rugby, hockey, handcycling, over-the-line, golf, and tennis. <u>Admission</u> : \$50.00 (5-days). <u>Anticipated Attendance</u> : 65/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : North Crown Point Shores (Mission Bay) & Southwest Community College (Chula Vista). <u>Host Organization</u> : Therapeutic Recreation Services. <u>General Information</u> : Marla Knox @ (619) 525-8247. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available.

August

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| Friday | 8/22 | 17th Annual Wheelchair Sports (Therapeutic Recreation Services (5-Day Event)) |
| 8:00 a.m. - 3:00 p.m. | | Persons age 4-18 with a permanent disability are encouraged to join others at this sporting event. Top-ranked wheelchair athletes will serve as rolemodels and will provide instruction and guidance in sports such as basketball, rugby, hockey, handcycling, over-the-line, golf, and tennis. <u>Admission:</u> \$50.00 (5-days). <u>Anticipated Attendance:</u> 65/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> North Crown Point Shores (Mission Bay) & Southwest Community College (Chula Vista). <u>Host Organization:</u> Therapeutic Recreation Services. <u>General Information:</u> Marla Knox @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday | 8/23 | Palomar Conference Youth Football Games |
| 7:00 a.m. - 6:00 p.m. | | Approximately five teams of youths will compete at football games at the Rancho Bernardo Community Park. There will also be vendor booths and snack booths available while the games are in action. Come to watch the games and cheer on the players! <u>Admission:</u> None. <u>Anticipated Attendance:</u> 3,000. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Rancho Bernardo Community Park (18448 West Bernardo Dr.). <u>Host Organization:</u> Rancho Bernardo Pop Warner Football Association. <u>General Information:</u> Bruce Heinemann or Janet Hutchison @ (858) 451-4238. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday | 8/23 | 17th Annual Wheelchair Sports (Therapeutic Recreation Services (5-Day Event)) |
| 8:00 a.m. - 3:00 p.m. | | Persons age 4-18 with a permanent disability are encouraged to join others at this sporting event. Top-ranked wheelchair athletes will serve as rolemodels and will provide instruction and guidance in sports such as basketball, rugby, hockey, handcycling, over-the-line, golf, and tennis. <u>Admission:</u> \$50.00 (5-days). <u>Anticipated Attendance:</u> 65/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> North Crown Point Shores (Mission Bay) & Southwest Community College (Chula Vista). <u>Host Organization:</u> Therapeutic Recreation Services. <u>General Information:</u> Marla Knox @ (619) 525-8247. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday | 8/23 | Univision Soccer Tournament (2-Day Event) |
| 8:00 a.m. - 6:00 p.m. | | Approximately fifty teams consisting of persons aged 8-adult will compete at this 6-on-6 soccer tournament. Soccer is a popular sport where a ball is moved without the use of hands. Points are scored when the ball enters pens on opposite sides of the playfield. <u>Admission:</u> None. <u>Anticipated Attendance:</u> 2,500/day. <u>Anticipated Participants:</u> Not available. <u>Location:</u> Houreglass Field (10440 Black Mountain Rd.). <u>Host Organization:</u> Univision San Diego. <u>General Information:</u> Paula Gomez @ (858) 715-6426. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |
| Saturday | 8/23 | Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month) |
| 9:00 a.m. - 10:00 a.m. | | Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. <u>Admission:</u> None. <u>Anticipated Attendance:</u> Not available. <u>Anticipated Participants:</u> 20. <u>Location:</u> Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). <u>Host Organization:</u> San Diego Park & Recreation. <u>General Information:</u> Janice Lavallee @ (858) 581-9961. <u>Media Information:</u> Not available. <u>Vendor Information:</u> Not available. <u>Internet:</u> Not available. |

August

- Sunday 8/24 **4th Annual Moondoggies Fun Run/Walk**
 7:30 a.m. - 11:30 a.m. The streets of La Jolla will come alive in the morning with people running or walking on an exhilarating 4-mile course. Proceeds from this event will help to benefit children who need reconstructive surgery. Post event activities will include an expo area with music, food, and a beer garden. Admission: \$18.00 - \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 17,000. Location: Pacific Beach (901 Prospect St. - La Jolla Blvd. - 919 Garnet Ave.). Host Organization: Kickstart For Kids. General Information: Lisa Ben-Nun @ (858) 273-8440 x-103. Media Information: Not available. Vendor Information: Not available. Internet: www.moondoggies.com.
- Sunday 8/24 **Univision Soccer Tournament (2-Day Event)**
 8:00 a.m. - 6:00 p.m. Approximately fifty teams consisting of persons aged 8-adult will compete at this 6-on-6 soccer tournament. Soccer is a popular sport where a ball is moved without the use of hands. Points are scored when the ball enters pens on opposite sides of the playfield. Admission: None. Anticipated Attendance: 2,500/day. Anticipated Participants: Not available. Location: Houreglass Field (10440 Black Mountain Rd.). Host Organization: Univision San Diego. General Information: Paula Gomez @ (858) 715-6426. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/30 **39th Annual Balboa Boogie 4-Miler**
 7:30 a.m. - 8:30 a.m. Are you ready to get some exercise under the shade and sun on roadways and trails in Balboa Park? Then join this event that consists of a 4-mile cross country run. This event will get your day started in a fast and healthy way. Now, lace up your shoes and get going! Admission: \$12.00 - \$14.00. Anticipated Attendance: Not available. Anticipated Participants: 340. Location: Balboa Park (Sixth Ave./Quince St. - Balboa Dr. - Bridal Trail - Marston Loop - Maple St. - Balboa Dr. - Sixth Ave./Quince St.). Host Organization: San Diego Track Club. General Information: Frank Williamson @ (619) 234-1426. Media Information: Julie Pallia @ (619) 234-1426. Vendor Information: Not available. Internet: www.sdtc.com.
- Saturday 8/30 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 8/30 **Little Italy Stickball Tournament (3-Day Event)**
 12:00 p.m. - 7:00 p.m. The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 200/day. Anticipated Participants: Not available. Location: India Street (between Beech St. & Date St.) & Columbia Street (between Beech St. & Cedar St.). Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.

August

Sunday 8/31
12:00 p.m. - 7:00 p.m.

Little Italy Stickball Tournament (3-Day Event)
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 200/day. Anticipated Participants: Not available. Location: India Street (between Beech St. & Date St.) & Columbia Street (between Beech St. & Cedar St.). Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.

September

Monday 9/1
12:00 p.m. - 7:00 p.m.

Little Italy Stickball Tournament (3-Day Event)
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 200/day. Anticipated Participants: Not available. Location: India Street (between Beech St. & Date St.) & Columbia Street (between Beech St. & Cedar St.). Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.

Saturday 9/6
8:00 a.m. - 1:00 p.m.

3rd Annual 5K Prayer Walk
Join a 5K non-competitive 3-mile walk and pray for persons who are hungry, homeless, abused, and persons involved in gangs, violence, drugs, and prostitution. The purpose of this event is to develop ministries of outreach to bring people together to help those in need. Admission: Complementary donations are received. Anticipated Attendance: Not available. Anticipated Participants: 300. Location: Euclid Ave. (near Federal Bldg.) - Logan Ave. - 45th St. (Willie Henderson Sports Complex). Host Organization: Liberty Unlimited Ministries. General Information: Gina Saddler @ (619) 460-0925. Media Information: Not available. Vendor Information: Lena Perry @ (619) 460-0925. Internet: Not available.

Saturday 9/6
9:30 a.m. - 11:30 a.m.

Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

Sunday 9/7
9:00 a.m. - 4:00 p.m.

73rd Annual La Jolla Rough Water Swim
View America's largest ocean swimming event consisting of more than 2,000 swimmers from ages 5-85. Pre-registration is required for all participants. There will be a Junior 250-yard swim, Amateur 1-mile swim, Women's Master 1-mile swim, Men's Master 1-mile swim, and a Gatorman 3-mile swim. Admission: \$7.00 - \$40.00 (Junior age 8-12) - \$13.00 - \$50.00 (Amateur age 13-18) - \$25.00 - \$60.00 (Master's age 19-85+) - \$37.00 - \$75.00 (Gatorman age 13-65+). Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: La Jolla Cove (near Scripps Park). Host Organization: La Jolla Rough Water Swim, Inc.. General Information: Information @ (858) 456-2100. Media Information: Bill Uncapher @ (858) 454-4111. Vendor Information: Not available. Internet: Not available.

September

- Sunday 9/7
1:30 p.m. - 3:30 p.m. **Little Italy Stickball Games**
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: India Street between Cedar St. & Beech St. Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Friday 9/12
7:00 a.m. - 9:00 a.m. **16th Annual Senior Olympics Cycling Time Trial**
Approximately 60 vivacious seniors (age 50+) will compete in an exciting cycling event for gold, silver, and bronze medals. See them speed by on their bicycles as they race around on the roadway of Fiesta Island at this 20K cycling event. Admission: \$36.00 (senior age 50+). Anticipated Attendance: Not available. Anticipated Participants: 60. Location: Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Senior Olympics. General Information: Tammy Lu @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: www.sdseniorgames.org.
- Saturday 9/13
6:30 a.m. - 11:00 a.m. **Senior Olympic Road Race (2-Day Event)**
This road race is one of 22-events being offered to seniors (50+) in this year's San Diego Senior Olympics. Today, senior cyclists will race on a 5K course. You can view the energetic competition of cycling as these seniors speed along on their bikes at Lake Miramar. Come and cheer them on! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Lake Miramar. Host Organization: San Diego Senior Sports Festival. General Information: Susan Loveall @ (619) 226-1324. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 9/13
7:00 a.m. - 10:00 a.m. **Multiple Sclerosis Challenge Walk (2-Day Event)**
This event is actually a 3-day, 50-mile walk from Carlsbad to San Diego. Today, the walk will begin in North County and end at the Holiday Inn near Pacific Highway. The purpose of this event is to raise funds for programs and research to fight against multiple sclerosis. Admission: \$55.00 (participant fee) + \$2,000.00 (pledges). Anticipated Attendance: Not available. Anticipated Participants: 350. Location: North County - Carmel Valley - La Jolla - Pacific Beach - Mission Beach - Quivera Basin - Ocean Beach Point Loma - Harbor Dr. - Pacific Hwy. (near Holiday Inn) Host Organization: National Multiple Sclerosis Society. General Information: Emily Anderson @ (858) 792-2900 x-207. Media Information: Allan Shaw @ (858) 974-8640. Vendor Information: Not available. Internet: www.mymschallenge.com.
- Saturday 9/13
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

September

Saturday	9/13	SDSU Aztec Cross Country Invitational
8:00 a.m.	- 11:30 a.m.	Approximately 28 universities will compete against each other at this running event. There will be several races consisting of 7-person teams. This event also allows for open competition consisting of a mens' division and a womens' division. Come and cheer these runners on! <u>Admission</u> : None. <u>Anticipated Attendance</u> : 500. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Balboa Park (west side of park near Sixth Ave. & Laurel St.). <u>Host Organization</u> : San Diego State University. <u>General Information</u> : Jim Spillers @ (619) 594-4191. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available.
Sunday	9/14	Senior Olympic Road Race (2-Day Event)
6:30 a.m.	- 11:00 a.m.	This road race is one of 22-events being offered to seniors (50+) in this year's San Diego Senior Olympics. Today, senior cyclists will race on a 5K course. You can view the energetic competition of cycling as these seniors speed along on their bikes at Lake Miramar. Come and cheer them on! <u>Admission</u> : None. <u>Anticipated Attendance</u> : 100. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Lake Miramar. <u>Host Organization</u> : San Diego Senior Sports Festival. <u>General Information</u> : Susan Loveall @ (619) 226-1324. <u>Media Information</u> : Not available. <u>Vendor Information</u> : Not available. <u>Internet</u> : Not available.
Sunday	9/14	Multiple Sclerosis Challenge Walk (2-Day Event)
7:00 a.m.	- 10:00 a.m.	This event is actually a 3-day, 50-mile walk from Carlsbad to San Diego. Today, the walk will begin at the Holiday Inn near Pacific Highway and end at the Embarcadero Marina Park. The purpose of this event is to raise funds for programs and research to fight against multiple sclerosis. <u>Admission</u> : \$55.00 (participant fee) + \$2,000.00 (pledges). <u>Anticipated Attendance</u> : Not available. <u>Anticipated Participants</u> : 350. <u>Location</u> : Pacific Highway (near Holiday Inn) - Ash St. - Kettner Blvd. - A St. - India St. - Juniper St. - Columbia St. - Date St. - Union St. - G St. - Kettner Blvd. - Broadway - Harbor Dr. - South Embarcadero Marina Park. <u>Host Organization</u> : National Multiple Sclerosis Society. <u>General Information</u> : Emily Anderson @ (858) 792-2900 x-207. <u>Media Information</u> : Allan Shaw @ (858) 974-8640. <u>Vendor Information</u> : Not available. <u>Internet</u> : www.myschallenge.com.
Friday	9/19	38th Annual Thunderboat Regatta (3-Day Event)
7:30 a.m.	- 6:00 p.m.	Join the crowd at Mission Bay to watch the fastest boats in the world compete to win at this world series event. See sleek power boats and hydroplanes race so fast that they nearly become airborne! Other highlights include a festival complete with a beer garden, music, displays, and memorabilia. <u>Admission</u> : \$35.00 - \$45.00 (adult 3-day pass) - \$15.00 (child age 7-12 3-day pass) - \$20.00 (adult Friday only) - \$25.00 (adult Saturday only) - \$30.00 (adult Su. <u>Anticipated Attendance</u> : 25,000/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Mission Bay (Fiesta Island, Fiesta Bay, Ski Beach, Crown Point Shores, East Vacation Island). <u>Host Organization</u> : Thunderboats Unlimited, Inc.. <u>General Information</u> : Carl Darnell @ (619) 225-9160 x-4. <u>Media Information</u> : Chip Hanauer @ (619) 225-9160 x-10. <u>Vendor Information</u> : Becky Strawser @ (619) 225-9160 x-10. <u>Internet</u> : www.thunderboats.net.
Saturday	9/20	38th Annual Thunderboat Regatta (3-Day Event)
7:30 a.m.	- 6:00 p.m.	Join the crowd at Mission Bay to watch the fastest boats in the world compete to win at this world series event. See sleek power boats and hydroplanes race so fast that they nearly become airborne! Other highlights include a festival complete with a beer garden, music, displays, and memorabilia. <u>Admission</u> : \$35.00 - \$45.00 (adult 3-day pass) - \$15.00 (child age 7-12 3-day pass) - \$20.00 (adult Friday only) - \$25.00 (adult Saturday only) - \$30.00 (adult Su. <u>Anticipated Attendance</u> : 25,000/day. <u>Anticipated Participants</u> : Not available. <u>Location</u> : Mission Bay (Fiesta Island, Fiesta Bay, Ski Beach, Crown Point Shores, East Vacation Island). <u>Host Organization</u> : Thunderboats Unlimited, Inc.. <u>General Information</u> : Carl Darnell @ (619) 225-9160 x-4. <u>Media Information</u> : Chip Hanauer @ (619) 225-9160 x-10. <u>Vendor Information</u> : Becky Strawser @ (619) 225-9160 x-10. <u>Internet</u> : www.thunderboats.net.

September

- Saturday 9/20 **Walk From Obesity**
 8:00 a.m. - 12:00 p.m. Obesity is widespread in America. For many people, exercise is more of a chore than a fun activity. Walking is a sure way to start a program of healthy exercise. So join this group of determined people intent on walking from obesity. Enjoy your day as you walk at a comfortable pace. Admission: \$15.00. Anticipated Attendance: Not available. Anticipated Participants: 200. Location: Lake Murray. Host Organization: American Society for Bariatric Surgery Foundation. General Information: Craig Wittgrove @ (619) 229-3940. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 9/20 **5th Annual Paddle for the Bay**
 9:00 a.m. - 11:00 a.m. Ride in a kayak at Mission Bay to promote the preservation of clean water. This event includes pollution prevention exposition displays and environmental activities for everyone. Kayak instruction is available if needed. Admission: \$25.00 (age 10 & older). Anticipated Attendance: 100. Anticipated Participants: Not available. Location: West Mission Bay (Bonita Cove across from Belmont Park). Host Organization: San Diego Baykeeper. General Information: Elizabeth Studebaker @ (619) 758-7743. Media Information: Bruce Reznik @ (619) 758-7743. Vendor Information: Not available. Internet: Not available.
- Sunday 9/21 **38th Annual Thunderboat Regatta (3-Day Event)**
 7:30 a.m. - 6:00 p.m. Join the crowd at Mission Bay to watch the fastest boats in the world compete to win at this world series event. See sleek power boats and hydroplanes race so fast that they nearly become airborne! Other highlights include a festival complete with a beer garden, music, displays, and memorabilia. Admission: \$35.00 - \$45.00 (adult 3-day pass) - \$15.00 (child age 7-12 3-day pass) - \$20.00 (adult Friday only) - \$25.00 (adult Saturday only) - \$30.00 (adult Su. Anticipated Attendance: 25,000/day. Anticipated Participants: Not available. Location: Mission Bay (Fiesta Island, Fiesta Bay, Ski Beach, Crown Point Shores, East Vacation Island). Host Organization: Thunderboats Unlimited, Inc.. General Information: Carl Darnell @ (619) 225-9160 x-4. Media Information: Chip Hanauer @ (619) 225-9160 x-10. Vendor Information: Becky Strawser @ (619) 225-9160 x-10. Internet: www.thunderboats.net.
- Sunday 9/21 **3rd Annual Shake, Rattle, & Roll 5K**
 8:00 a.m. - 11:00 a.m. Here's an opportunity to shake, rattle, or roll yourself along Highway 56! The highway will be closed down for the challenges of this event that features a 5K run on a fast, flat course, a 5K walk, plus a 1-mile and 1/2-mile run for kids. A post award celebration will take place afterwards. Admission: \$13.00 - \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Highway 56 (west end at Carmel Country/Carmel Creek overhang). Host Organization: St. Vincent de Paul Village. General Information: Joan Pattison @ (760) 736-1001. Media Information: Not available. Vendor Information: Not available. Internet: www.strideamerica.com.
- Sunday 9/21 **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

September

- Saturday 9/27 **1st Annual La Jolla Shores Aquathlon**
 7:00 a.m. - 9:00 a.m. An aquathlon is an athletic race that combines ocean swimming and beach running. Today, this aquathlon will have three races consisting of about 50 persons each to do a 1,000-yard open water swim and a 5K beach run. Now that's a challenge! Come and watch this race and cheer on the athletes! Admission: None. Anticipated Attendance: 250. Anticipated Participants: Not available. Location: La Jolla Shores (lifeguard tower at Scripps Pier). Host Organization: Triathlon Club of San Diego. General Information: Jim McCann @ (858) 457-3771. Media Information: Not available. Vendor Information: Dee Dee Gladieux @ (858) 457-3771. Internet: www.goldfishracing.com.
- Saturday 9/27 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch bluegill or catfish. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 9/27 **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
 9:00 a.m. - 10:00 a.m. Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavallee @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 9/28 **California Cruisin' 10K (Roar Down Highway 52)**
 7:30 a.m. - 11:00 a.m. Put on your athletic shoes, pack up the handcycle, or prep up that wheelchair and get ready for some athletic fun! This 10K event will begin with a wave of handcycles roaring down Highway 52, followed by the next wave of wheelchair athletes, and then followed by people walking and running. Admission: \$25.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 3,000. Location: Copley Dr. (near Road Runner Sports Store) - Hickman Field Dr. (south) - Convoy Court (left) - Convoy St. (left) - Highway 52 (eastbound ramp) - Highway 52 - Convoy St. - Copley Park Place - Copley Dr. (near Road Runner Sports Store) Host Organization: Athletes Helping Athletes. General Information: Kathy Loper @ (619) 298-7400. Media Information: Mark Redpath @ (858) 974-4265. Vendor Information: Not available. Internet: www.kathyloperevents.com.
- Sunday 9/28 **California Cruisin' 10K Run/Walk**
 7:30 a.m. - 11:00 a.m. For a change of pace, try out this 10K! The event will begin with handcycles, followed by wheelchairs, and then runners and walkers. The course will travel around the Miramar area, through a business park, and onto Highway 52. Music and cheerleaders will greet participants along the way. Admission: \$25.00 - \$35.00. Anticipated Attendance: Not available. Anticipated Participants: 3,000. Location: Hickman Field St./Copley Dr. - Hickman Field St. - Convoy Court - Convoy St. - Hwy. 52 - Convoy St. - Copley Park Place - Copley Dr./Hickman Field St. Host Organization: Athletes Helping Athletes. General Information: Kathy Loper @ (619) 298-7400. Media Information: Mark Redpatt @ (858) 974-4265. Vendor Information: Not available. Internet: www.kathyloperevents.com.

September

Sunday 9/28 **San Dieguito Trail Run & Hike**
 8:00 a.m. - 11:00 a.m. Get your exercise by participating at this event that includes a 6.3-mile run and a 4.2-mile hike. Proceeds from this event will benefit park programs to preserve and protect wildlife habitat, historical and cultural sites, and to create new trails. Admission: \$20.00 - \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 1,800. Location: Kit Carson Park (Escondido) - Lake Hodges (picnic area). Host Organization: San Diego River Park Joint Powers Authority. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

October

Saturday 10/4 **27th Annual Balboa Boogie 5K**
 7:30 a.m. - 9:00 a.m. Are you ready to get some exercise in Balboa Park under the shade and sun on roadways and trails? Then join this event that consists of a 5K cross country run. This event will get your day started in a fast and healthy way. Now, lace up your shoes and get going! Admission: \$12.00 - \$14.00. Anticipated Attendance: Not available. Anticipated Participants: 220. Location: Balboa Park (west side of park south of El Prado between Sixth Ave. & Balboa Dr.). Host Organization: San Diego Track Club. General Information: Frank Williamson @ (619) 234-1426. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.com.

Saturday 10/4 **San Diego State Cross Country Invitational**
 8:00 a.m. - 11:30 a.m. San Diego State University is hosting a cross country championship race where college teams from around the country will compete against each other. There will be two races for women and two races for men. Come to watch them run and come to cheer them on! Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: Balboa Park (Morley Field). Host Organization: San Diego State University. General Information: Jim Spillers @ (619) 594-4191. Media Information: Kevin Klintworth @ (619) 594-3023. Vendor Information: Not available. Internet: Not available.

Saturday 10/4 **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

Sunday 10/5 **14th Annual Mission Bay Triathlon**
 7:00 a.m. - 12:00 p.m. Are you ready to test your athletic endurance? This triathlon consists of a 500-meter swim, a 15K cycle, and a 5K run. This challenging event can be your greatest achievement for all the muscle-building exercise you've been doing. You can do it alone or as a team. Go for it! Admission: \$50.00 - \$70.00 (individual) - \$75.00 - \$85.00 (relay team). Anticipated Attendance: Not available. Anticipated Participants: 1,400. Location: Mission Bay: Swim (Ski Beach boat ramp - last bouy parallel to shore) Bike (Ski Beach - Ingraham St. - Perez Cove Way - Sea World Dr. - East Mission B. ay Dr. - Fiesta Island - Ski Beach) Run (Ski Beach-Ingraham Street Bridge - access road - Ski Beach) Host Organization: Koz Enterprises. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.

October

- Sunday 10/5
8:00 a.m. - 12:00 p.m. **14th Annual Aids Walk**
This athletic event consists of a 10K fun run and a 5K walk. Proceeds from this event will help to fund local HIV/AIDS service providers. Other features of this event include an AIDS memorial quilt display, live entertainment, food exhibitor booths, HIV testing, and a kid's fun zone. Admission: \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 20,000. Location: Sixth Ave./Quince St. - Sixth Ave. -(north) - University Ave. (right) - Park Blvd. (right) - President's Way (right) - El Prado - Cabrillo Bridge - Ba. Iboa Dr. (left) - Juniper St.(left) - Sixth Ave. (right) - Upas St. (right) - Balboa Dr./Quince St. Host Organization: Aids Walk San Diego. General Information: Delores Jacobs @ (619) 692-2077 x-215. Media Information: Not available. Vendor Information: Not available. Internet: www.aidswalksd.org.
- Sunday 10/5
1:30 p.m. - 3:30 p.m. **Little Italy Stickball Games**
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: India Street between Cedar St. & Beech St. Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Saturday 10/11
8:00 a.m. - 11:00 a.m. **13th Annual Walk For A Cure For Diabetes**
Join this 6-mile sponsorship walk at Balboa Park where the course will wind in and around on paths and trails at the west side of the park. Proceeds from this event will benefit programs to fight against diabetes. Walk in the name of someone you know who has been afflicted with this disease. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 19,000. Location: Balboa Park (L'Eggs Course at west side of park). Host Organization: Juvenile Diabetes Research Foundation. General Information: Mellissa Beezley Bethhouse @ (858) 279-9160. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/11
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/11
10:00 a.m. - 2:00 p.m. **21st Annual Unity Walk & Roll**
People will join in unity at this 3-5K event where you can walk, push a stroller, or ride in a wheelchair along a winding path at East Mission Bay. Post event activities include a continental breakfast and a prize drawing raffle. Proceeds will benefit victims of cerebral palsy. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 250. Location: East Mission Bay (De Anza Cove - Visitor's Center - De Anza Cove). Host Organization: United Cerebral Palsy of San Diego. General Information: John Mooney @ (858) 571-7803. Media Information: Not available. Vendor Information: Not available. Internet: www.ucpsd.org.

October

- Sunday 10/12 **5th Annual Legs For Literacy Run/Walk**
 5:30 a.m. - 11:30 a.m. Join this event to run or walk at your own pace at scenic Lake Miramar. Choose between a 5K, 1K, or 1-mile run/walk. Afterwards, there will be a post event celebration in a carnival-type atmosphere. Proceeds from this event will help to purchase books and learning tools for children. Admission: \$15.00 - \$19.00. Anticipated Attendance: Not available. Anticipated Participants: 500. Location: Lake Miramar. Host Organization: Scripps Ranch PTSA/Marshall Middle School. General Information: Mary Beth Saboe @ (858) 689-1495. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 10/12 **10th Annual Do The Bridge 8K Run/Walk**
 8:00 a.m. - 11:00 a.m. Enjoy this opportunity to walk or run across the breathtaking Coronado Bay Bridge and to the finish line at beautiful Tidelands Park. You're sure to enjoy this 8K challenge! Proceeds from this event will support programs for homeless and abused kids through St. Vincent de Paul Village. Admission: \$13.00 - \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 3,500. Location: North Embarcadero Park (near Seaport Village) - Kettner Blvd. (east) - Harbor Dr. (south) - Crosby St. (east) - National Ave. (south) - Coronado Bay B. ridge - Frontage Rd. - Tidelands Park Host Organization: St. Vincent de Paul Village. General Information: Joan Pattison @ (760) 736-1001. Media Information: Not available. Vendor Information: Not available. Internet: www.strideamerica.com.
- Sunday 10/12 **21st Annual Bay to Bay Bike Tour**
 9:00 a.m. - 2:00 p.m. This challenging 2-day 150K (100-mile) competitive cycling event will begin at Newport Beach in Orange County and along the southern coastline to Mission Bay in San Diego. Cyclists will ride past beautiful and picturesque scenery. Proceeds from this event will assist Multiple Sclerosis programs. Admission: \$30.00 - \$40.00 plus \$250.00 Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 1,300. Location: Orange County (Huntington Beach) - Mission Bay (Hospitality Point). Host Organization: National Multiple Sclerosis Society. General Information: Stephanie Gomez @ (949) 752-1680. Media Information: Jamie Mac Donald @ (949) 752-1680. Vendor Information: Not available. Internet: www.nmssoc.org.
- Saturday 10/18 **6th Annual Making Strides Against Breast Cancer**
 7:30 a.m. - 11:00 a.m. Enjoy a 4.3-mile walking event that will take you in and around the heart of Balboa Park while raising funds for research to fight against breast cancer. An inspirational message will begin and end this event. Walk in the name of someone you know who has been inflicted with this disease. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 15,000. Location: Balboa Park (Balboa Dr. near Sixth Ave. & Laurel St. - Laurel St. - Cabrillo Bridge - El Prado - Organ Pavilion - President's Way - Park Blvd. - Hwy. 163 - Robinson St. - Sixth Ave. - Juniper St.) Host Organization: American Cancer Society. General Information: Jennifer Simpson @ (619) 682-7422. Media Information: Robin Brown @ (619) 682-7439. Vendor Information: Not available. Internet: www.cancer.org.
- Saturday 10/18 **5th Annual Birthline Walk For Life**
 7:30 a.m. - 11:00 a.m. Are you pro-life? Then join this 2-mile pro-life walk along the shoreline of Mission Bay and enjoy the beauty of trees and grass and sky. Proceeds from this event will help to benefit pregnant women and women with infants and small children. Admission: Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 110. Location: East Mission Bay (De Anza Cove walkway - Information Center). Host Organization: Birthline of San Diego County. General Information: Catherine Ewers @ (619) 461-7899. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

October

- Sunday 10/19 **Reebok Women's Triathlon**
 7:00 a.m. - 10:00 a.m. This triathlon is specifically designed for women to compete against other women. It consists of a 1/4-mile swim, a 1-mile bike ride, and a 3-mile run. It's a challenging event that will take stamina and endurance to complete. Ladies, are you ready for this? Admission: \$55.00 - \$70.00. Anticipated Attendance: Not available. Anticipated Participants: 800. Location: Mission Bay (South Shores Park & Fiesta Island). Host Organization: KOZ Enterprises. General Information: Rick Kozlowski @ (858) 268-1250. Media Information: Not available. Vendor Information: Not available. Internet: www.kozenterprises.com.
- Sunday 10/19 **4th Annual Walk To D'Feet ALS**
 7:30 a.m. - 11:00 a.m. Join others on a morning walk at East Mission Bay where you'll walk a 5K course from De Anza Cove to the Hilton Hotel and back again. You'll walk on a pathway adjacent to the bay surrounded by grass and trees. Complementary donations will help to fight against Amyotrophic Lateral Sclerosis. Admission: Complementary Donations Are Received. Anticipated Attendance: Not available. Anticipated Participants: 750. Location: East Mission Bay (De Anza Cove - Hilton Hotel). Host Organization: ALS Association Greater San Diego. General Information: Lori Butler @ (714) 350-0497. Media Information: Not available. Vendor Information: Not available. Internet: www.alsasd.org.
- Sunday 10/19 **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/25 **11th Annual America's Walk For Diabetes**
 7:30 a.m. - 12:30 p.m. Join this 5-mile sponsorship walk where the proceeds will help to fight against diabetes. You'll feel an ocean breeze and pass lawns of green as you travel on a winding path through the park of East Mission Bay. Post event activities include a health fair and prizes. Admission: \$100.00 Suggested Participant Sponsorship. Anticipated Attendance: Not available. Anticipated Participants: 600. Location: East Mission Bay (De Anza Cove - South Tecolote Shores - De Anza Cove). Host Organization: American Diabetes Association. General Information: Matt Bean @ (619) 234-9897 x-7432. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 10/25 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

October

- Saturday 10/25 **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
 9:00 a.m. - 10:00 a.m. Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavallee @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Friday 10/31 **National Water Ski Racing Championships (3-Day Event)**
 7:00 a.m. - 3:00 p.m. Water ski racers from the United States and Australia will compete to see who will hold the bragging rights to this championship event. Approximately 18 races a day will take place with racers age 5-65. The different classes they will compete in are stock, flat bottom, outboard, and jet boats. Admission: None. Anticipated Attendance: 500/day. Anticipated Participants: Not available. Location: Mission Bay (in the bay north of Sea World and Radar Island). Host Organization: National Water Ski Association. General Information: Kelly Ireland @ (714) 264-7858. Media Information: Not available. Vendor Information: Not available. Internet: www.nwsra.net.

November

- Saturday 11/1 **National Water Ski Racing Championships (3-Day Event)**
 7:00 a.m. - 3:00 p.m. Water ski racers from the United States and Australia will compete to see who will hold the bragging rights to this championship event. Approximately 18 races a day will take place with racers age 5-65. The different classes they will compete in are stock, flat bottom, outboard, and jet boats. Admission: None. Anticipated Attendance: 500/day. Anticipated Participants: Not available. Location: Mission Bay (in the bay north of Sea World and Radar Island). Host Organization: National Water Ski Association. General Information: Kelly Ireland @ (714) 264-7858. Media Information: Not available. Vendor Information: Not available. Internet: www.nwsra.net.
- Saturday 11/1 **1st Annual Run For Rett**
 7:30 a.m. - 11:00 a.m. Rett Syndrome is a childhood neurodevelopmental disorder that distorts various physical development. Benefits from this 8K road race and 1-mile fun run/walk will help the International Rett Syndrome Association to fund programs and research regarding this disease. Admission: \$24.00 - \$28.00 (8K Run) - \$18.00 - \$22.00 (1-Mile Fun Run/Walk). Anticipated Attendance: Not available. Anticipated Participants: 350. Location: East Mission Bay (East Mission Bay Dr. south of the Hilton Hotel near Fiesta Island and Tecolote Shores). Host Organization: International Rett Syndrome Association. General Information: Pete "Irsa" Hummert @ (626) 458-0253. Media Information: Not available. Vendor Information: Not available. Internet: www.rett syndrome.org.
- Saturday 11/1 **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

November

- Sunday 11/2
7:00 a.m. - 3:00 p.m. **National Water Ski Racing Championships (3-Day Event)**
Water ski racers from the United States and Australia will compete to see who will hold the bragging rights to this championship event. Approximately 18 races a day will take place with racers age 5-65. The different classes they will compete in are stock, flat bottom, outboard, and jet boats. Admission: None. Anticipated Attendance: 500/day. Anticipated Participants: Not available. Location: Mission Bay (in the bay north of Sea World and Radar Island). Host Organization: National Water Ski Association. General Information: Kelly Ireland @ (714) 264-7858. Media Information: Not available. Vendor Information: Not available. Internet: www.nwsra.net.
- Sunday 11/2
8:00 a.m. - 12:00 p.m. **8th Annual Race For The Cure**
Choose between a 5K run/walk or a 1-mile walk in and around Balboa Park. Walk or run in the name of someone you know who has been inflicted with breast cancer. Proceeds from this event will help the Susan G. Kolmen Breast Cancer Foundation with education, screening, and treatment programs. Admission: \$23.00 - \$30.00. Anticipated Attendance: Not available. Anticipated Participants: 16,000. Location: Sixth Ave./Nutmeg - Sixth Ave. - Ivy Lane - Fifth Ave. - Grape St. - Sixth Ave. - Juniper St. - Balboa Dr. Host Organization: Susan G. Kolman Breast Cancer Foundation. General Information: Ellen Flanagan @ (858) 792-2900. Media Information: Jessica Bonger @ (619) 237-7720. Vendor Information: Not available. Internet: www.sdkomen.org.
- Sunday 11/2
1:30 p.m. - 3:30 p.m. **Little Italy Stickball Games**
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: India Street between Cedar St. & Beech St. Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Monday 11/3
8:00 a.m. - 5:00 p.m. **9th Annual San Diego Triathlon Challenge**
Are you ready for a great athletic challenge? Then, join this triathlon that includes a 1.2-mile swim, 56-mile cycle, and a 13.1-mile run. The postevent activities include an expo that is open to anyone who would like to come. There will be music, food, a kids zone, and a spinathon. Admission: \$500.00 (individual) - \$900.00 (3-person team). Anticipated Attendance: Not available. Anticipated Participants: 450. Location: Swim (La Jolla Shores) - Run (La Jolla Cove - Torrey Pines State Park - La Jolla Cove) - Bike (La Jolla Cove - North County - La Jolla Cove). Host Organization: Challenged Athletes Foundation. General Information: Virginia Tinley @ (858) 793-9293. Media Information: Tabi King @ (858) 523-9073. Vendor Information: Not available. Internet: www.challengedathletes.org.
- Saturday 11/8
7:00 a.m. - 10:45 a.m. **37th Annual Mission Bay 25K**
Enjoy a morning run that will consist of two and one-half loops around Fiesta Island and along the East Mission Bay walkway to De Anza Cove. This running event can be used as a training run for up-coming marathons. So lace up your athletic shoes and get going! Admission: \$12.00 - \$14.00. Anticipated Attendance: Not available. Anticipated Participants: 270. Location: East Mission Bay (Fiesta Island - De Anza Cove). Host Organization: San Diego Track Club. General Information: Nancy Morris @ (858) 874-8784. Media Information: Frank Williamson @ (619) 234-1426. Vendor Information: Not available. Internet: Not available.

November

- Saturday 11/8 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Tuesday 11/11 **Mountain West Conference Cross Country Race**
 8:00 a.m. - 11:30 a.m. San Diego State University is hosting a cross country championship race. Women will race against women and men will race against men. There will be an awards ceremony for each winner of the two races. Come to watch them run and come to cheer them on! Admission: None. Anticipated Attendance: 150. Anticipated Participants: Not available. Location: Balboa Park (Morley Field). Host Organization: San Diego State University. General Information: Jim Spillers @ (619) 594-4191. Media Information: Kevin Klintworth @ (619) 594-3025. Vendor Information: Not available. Internet: Not available.
- Sunday 11/16 **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Friday 11/21 **NPT Breast Cancer Walk (3-Day Event)**
 7:00 a.m. - 5:00 p.m. This event is actually a 3-day walk from Laguna Beach to San Diego. It will be a challenging and unforgettable weekend for participants who will travel the 60-mile trek. The purpose of this event is to help fund educational programs and research to fight against breast cancer. Admission: Participant Sponsorship & Complementary Donations. Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Laguna Beach - Del Mar - Torrey Pines - Mira Mesa - La Jolla - Pacific Beach - Mission Bay - Ocean Beach - Point Loma - Harbor Island - Downtown San Diego - Embarcadero Park South. Host Organization: NPT Breast Cancer 3-Day. General Information: Joe Pinto @ (619) 298-7061. Media Information: Not available. Vendor Information: Not available. Internet: www.breastcancer3-day.org.
- Saturday 11/22 **NPT Breast Cancer Walk (3-Day Event)**
 7:00 a.m. - 5:00 p.m. This event is actually a 3-day walk from Laguna Beach to San Diego. It will be a challenging and unforgettable weekend for participants who will travel the 60-mile trek. The purpose of this event is to help fund educational programs and research to fight against breast cancer. Admission: Participant Sponsorship & Complementary Donations. Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Laguna Beach - Del Mar - Torrey Pines - Mira Mesa - La Jolla - Pacific Beach - Mission Bay - Ocean Beach - Point Loma - Harbor Island - Downtown San Diego - Embarcadero Park South. Host Organization: NPT Breast Cancer 3-Day. General Information: Joe Pinto @ (619) 298-7061. Media Information: Not available. Vendor Information: Not available. Internet: www.breastcancer3-day.org.

November

- Saturday 11/22 **Fishing at Lake Murray (Every Other Saturday)**
 8:00 a.m. - 10:00 a.m. Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 11/22 **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
 9:00 a.m. - 10:00 a.m. Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavalley @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 11/23 **NPT Breast Cancer Walk (3-Day Event)**
 7:00 a.m. - 5:00 p.m. This event is actually a 3-day walk from Laguna Beach to San Diego. It will be a challenging and unforgettable weekend for participants who will travel the 60-mile trek. The purpose of this event is to help fund educational programs and research to fight against breast cancer. Admission: Participant Sponsorship & Complementary Donations. Anticipated Attendance: Not available. Anticipated Participants: 4,000. Location: Laguna Beach - Del Mar - Torrey Pines - Mira Mesa - La Jolla - Pacific Beach - Mission Bay - Ocean Beach - Point Loma - Harbor Island - Downtown San Diego - Embarcadero Park South. Host Organization: NPT Breast Cancer 3-Day. General Information: Joe Pinto @ (619) 298-7061. Media Information: Not available. Vendor Information: Not available. Internet: www.breastcancer3-day.org.
- Thursday 11/27 **2nd Annual Thanksgiving Day Run/Walk**
 8:00 a.m. - 11:00 a.m. Before you fill up your plate with a feast of food, begin your day with some morning exercise. A 5K run/walk will get you moving forward in the right direction. You'll enjoy this Thanksgiving Day much better knowing you've exercised. Proceeds from this event will benefit the poor and homeless. Admission: \$20.00 - \$25.00. Anticipated Attendance: Not available. Anticipated Participants: 1,500. Location: Balboa Dr./El Prado - Balboa Dr. - Juniper St. - Sixth Ave. - Quince St. - Balboa Dr. - El Prado - Pan American Rd. - President's Way - Park Blvd. - B. St. - Tenth Ave. - Island Ave. Host Organization: St. Vincent de Paul Village. General Information: Glen Spangler @ (619) 235-7994. Media Information: Mark Tsuchiya @ (619) 525-1608. Vendor Information: Not available. Internet: Not available.
- Thursday 11/27 **2nd Annual San Diego Cares (Thanksgiving 5K Run/Walk)**
 8:00 a.m. - 10:30 a.m. Today is Thanksgiving! Before you fill your plate with a tempting feast, get out and do a little exercise. Run or walk at this 5K event that is sure to curb the desire for an extra helping of food. Proceeds from this event will benefit the San Diego Food Bank and the Jewish Family Service. Admission: \$15.00 - \$28.00. Anticipated Attendance: Not available. Anticipated Participants: 2,000. Location: Seaport Village - Harbor Dr. - Fifth Ave. - E St. - Eighth Ave. - Broadway - Harbor Dr. - Seaport Village. Host Organization: San Diego Food Bank. General Information: Ellen Flanagan @ (858) 792-2900. Media Information: Not available. Vendor Information: Not available. Internet: www.inmotionevents.com.

December

December

- Saturday 12/6
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Saturday 12/6
9:30 a.m. - 11:30 a.m. **Nature Walk at Marian Bear Memorial Park (1st Saturday Each Month)**
Nature lovers of all ages can join this pleasant walk with a trail guide. Look for wildlife and learn about nature and seasonal changes in the chaparral. Group walking is a good way to get exercise and make new friends. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Marian Bear Memorial Park (Hwy. 52 - Regents Rd. - meet at parking lot on west side). Host Organization: San Diego Park & Recreation Center. General Information: Carla Frogner @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.
- Sunday 12/7
1:30 p.m. - 3:30 p.m. **Little Italy Stickball Games**
The traditional game of "stickball" will be played in the heart of Little Italy. Its origin is from Italy where youths played the game on neighborhood streets as a recreational sport. The game is played when opposing teams use sticks to maneuver a ball to opposite locations to score for points. Admission: None. Anticipated Attendance: 100. Anticipated Participants: Not available. Location: India Street between Cedar St. & Beech St. Host Organization: Little Italy Association. General Information: Tom Di Zinno @ (619) 233-3898. Media Information: Not available. Vendor Information: Not available. Internet: www.littleitalysd.com.
- Saturday 12/13
7:30 a.m. - 10:45 a.m. **20th Annual Mainly Masters 10K Run**
Walk or run the inner or outer loops of Fiesta Island in East Mission Bay. This event will include two separate run/walks; an "open" group for persons under the age of 40 and a "masters" group for persons over the age of 40. Admission: \$12.00 - \$14.00. Anticipated Attendance: Not available. Anticipated Participants: 170. Location: East Mission Bay (Fiesta Island Roadway). Host Organization: San Diego Track Club. General Information: Peter Stern @ (619) 223-2599. Media Information: Not available. Vendor Information: Not available. Internet: www.sdtc.com.
- Saturday 12/20
8:00 a.m. - 10:00 a.m. **Fishing at Lake Murray (Every Other Saturday)**
Do you want to learn effective techniques for freshwater fishing? Then come to Lake Murray where Ron Montoro will introduce the sport of fishing and help experienced anglers improve their skills. The focus at this time of year is to catch rainbow trout. Admission: Day Fishing Permit: \$5.00 (adult) - \$2.50 (age 8-15). Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Lake Murray. Host Organization: San Diego City Lakes. General Information: Ron Montoro @ (619) 668-3274. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

December

Sunday 12/21 **Nature Walk (Tecolote Canyon) (3rd Saturday Each Month)**
 9:30 a.m. - 11:30 a.m. Join Trail Guide Don Wetzel and others on a walk within Tecolote Canyon. He will lead you through coastal sage scrub, various chaparral plant habitat, and a live oak grove along a canyon creek. This walk will get you motivated to exercise and enjoy the outdoor fresh air. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 25. Location: Tecolote Nature Center (5180 Tecolote Canyon). Host Organization: San Diego Park & Recreation. General Information: Ranger Jeff Viator @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

Saturday 12/27 **Bird Walk at Tecolote Canyon (Bird Watching) (4th Saturday Each Month)**
 9:00 a.m. - 10:00 a.m. Take a morning walk to search for birds while walking with a group. Learn about bird habitats and about local birds such as the Red-Tailed Hawk, Cooper's Hawk, Cassin's Kingbirds, common yellowthroats, and more. Admission: None. Anticipated Attendance: Not available. Anticipated Participants: 20. Location: Tecolote Nature Center (5180 Tecolote Rd. near ballfield area). Host Organization: San Diego Park & Recreation. General Information: Janice Lavalley @ (858) 581-9961. Media Information: Not available. Vendor Information: Not available. Internet: Not available.

Report Date: 08-03-03